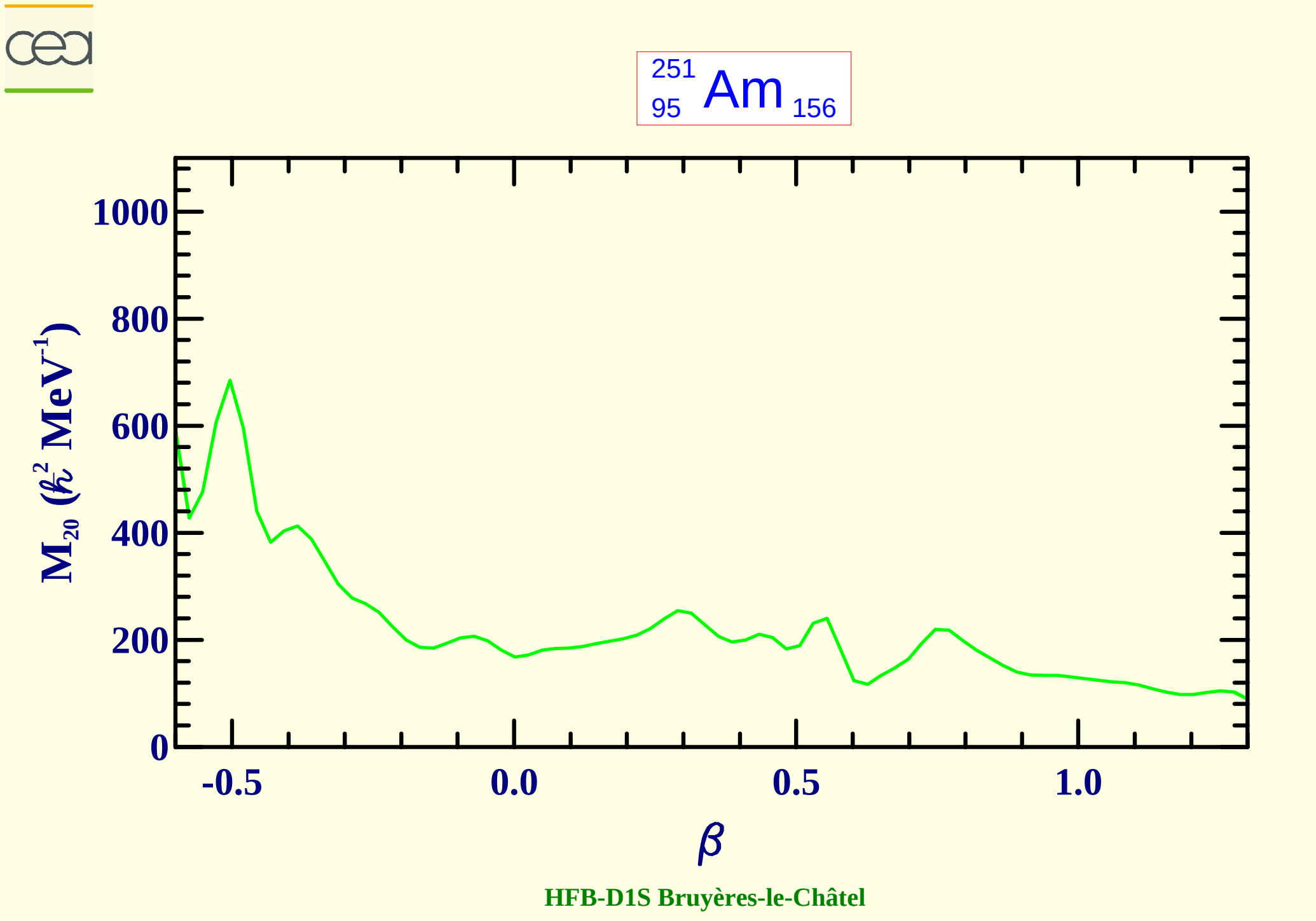
$^{251}_{95}Am_{156}$
1000
800
600
400
200
0
M_{20} ($\hbar^2$ MeV^{-1})
-0.5
0.0
0.5
1.0
β
HFB-D1S Bruyères-le-Châtel