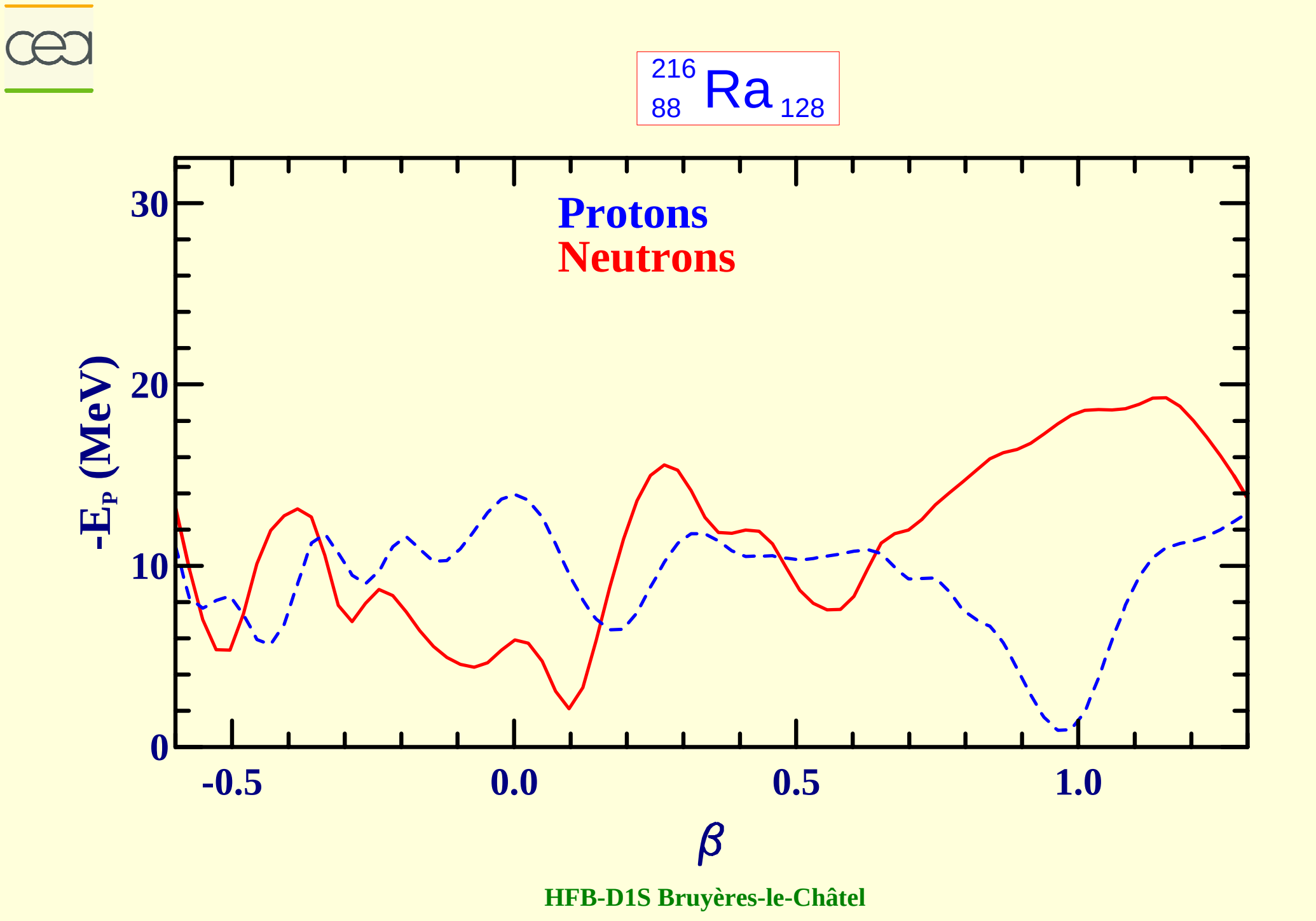
$^{216}_{88}Ra_{128}$
Protons
Neutrons
30
20
10
0
$-E_p$ (MeV)
-0.5
0.0
0.5
1.0
β
HFB-D1S Bruyères-le-Châtel