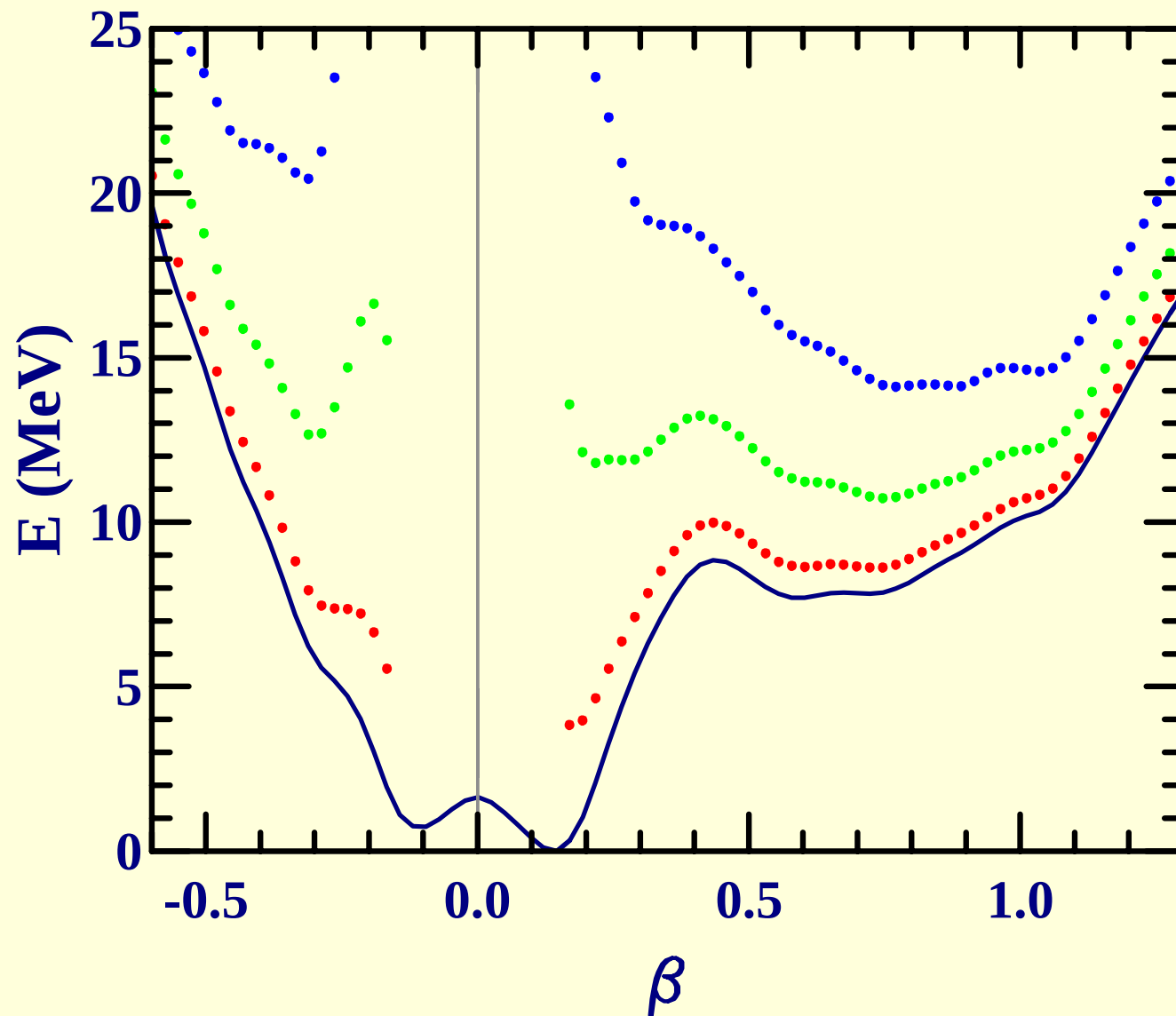


$^{164}_{76}\text{Os}_{88}$ 

Energie de liaison

HFB=1283.480 MeV

Exp=1284.80 MeV(ext)

