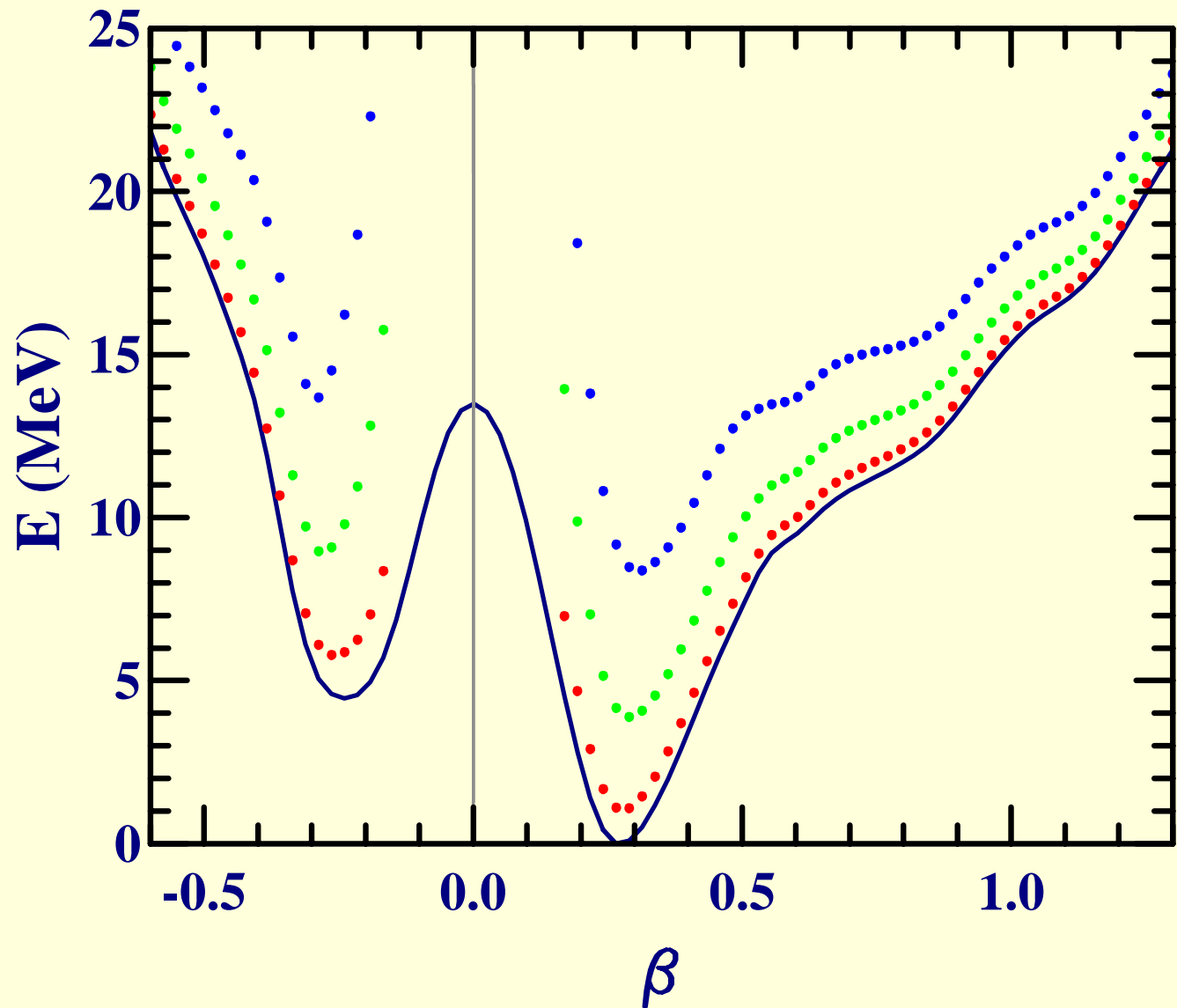


$^{230}_{74}\text{W}_{156}$



### Energie de liaison

**HFB=1604.340 MeV**  
**Exp=?**

