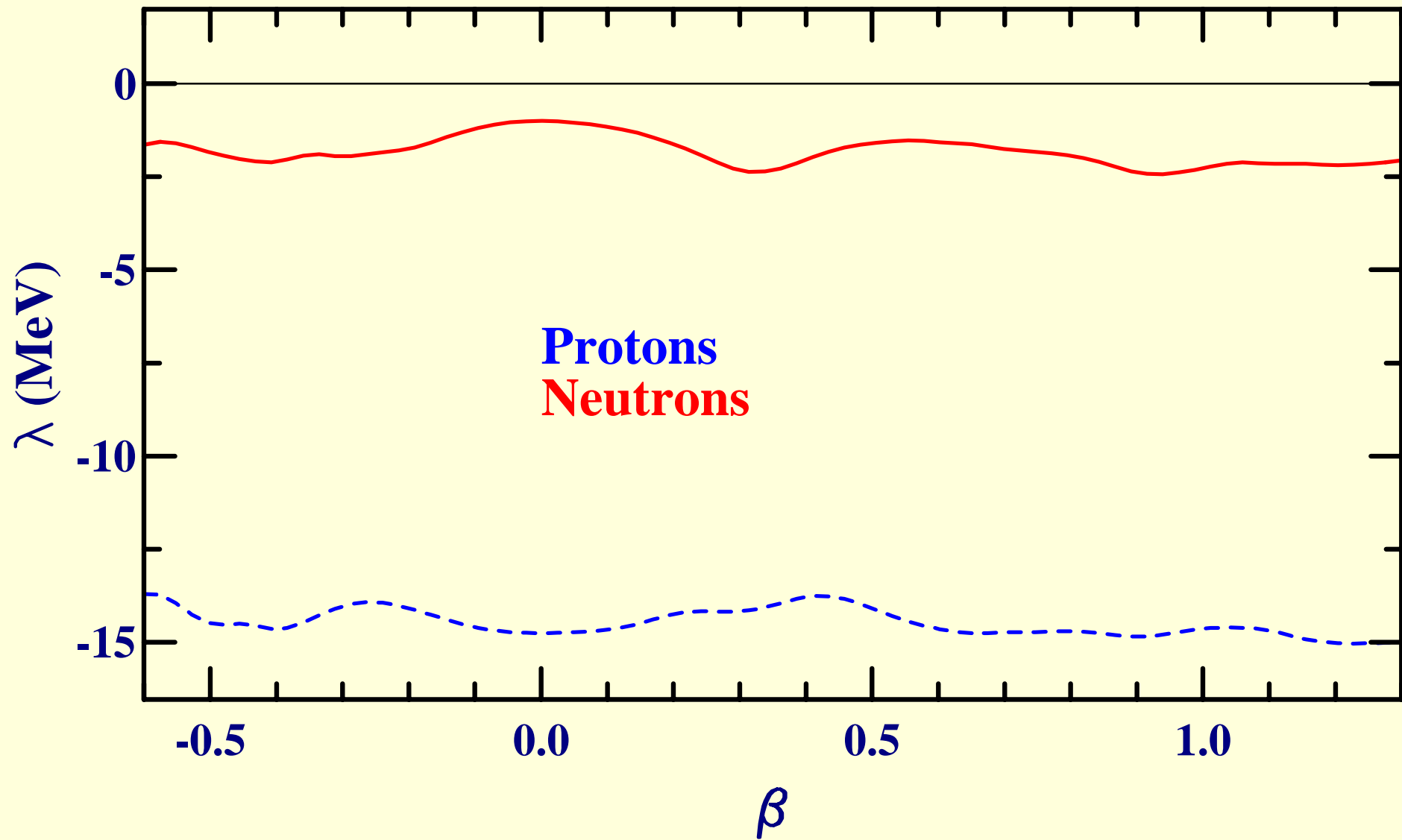


$^{216}_{74}\text{W}_{142}$



Protons  
Neutrons