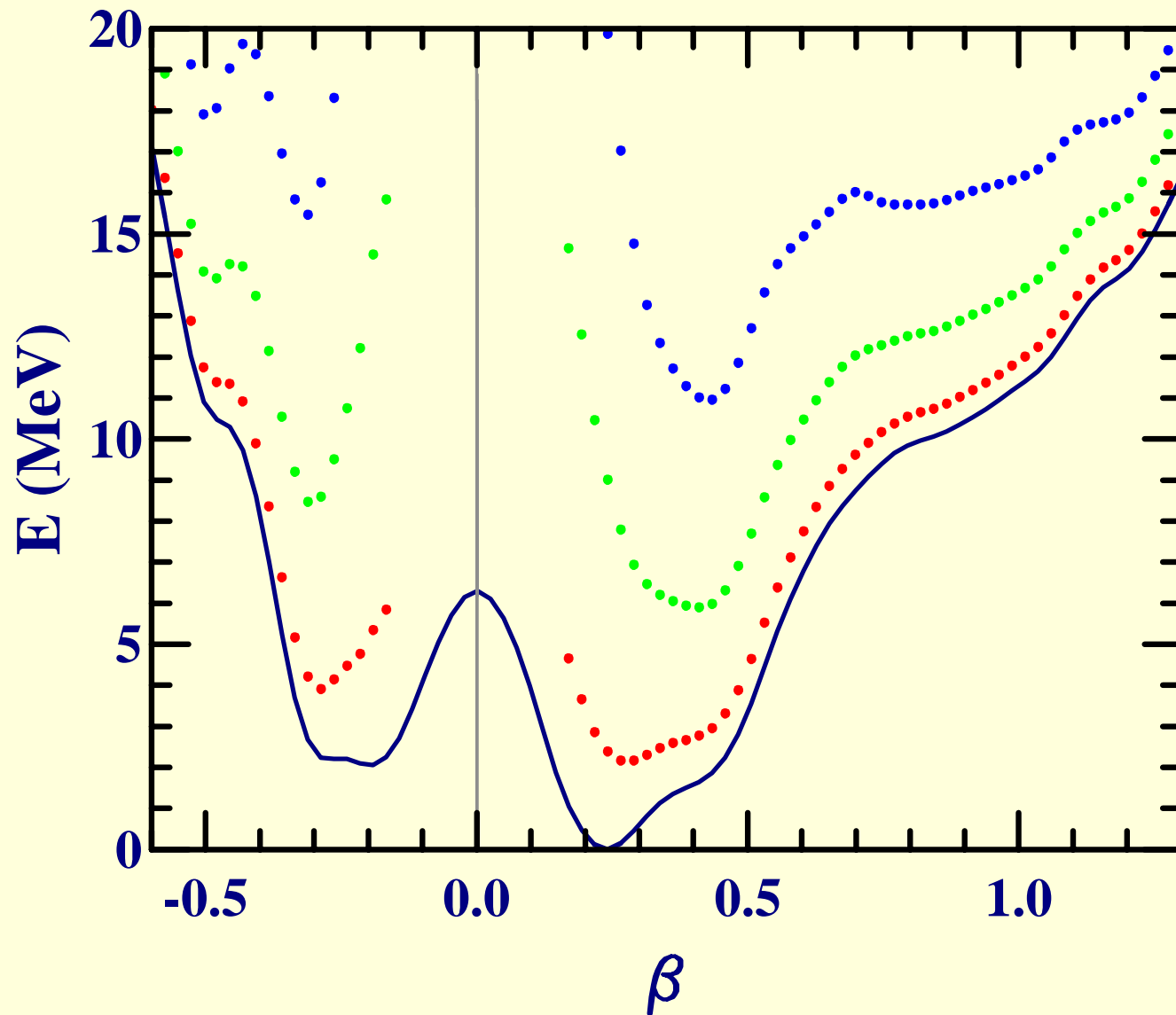


$^{164}_{72}\text{Hf}_{92}$ 

## Binding energy

HFB=1315.800 MeV

Exp=1319.14 MeV(ext)

