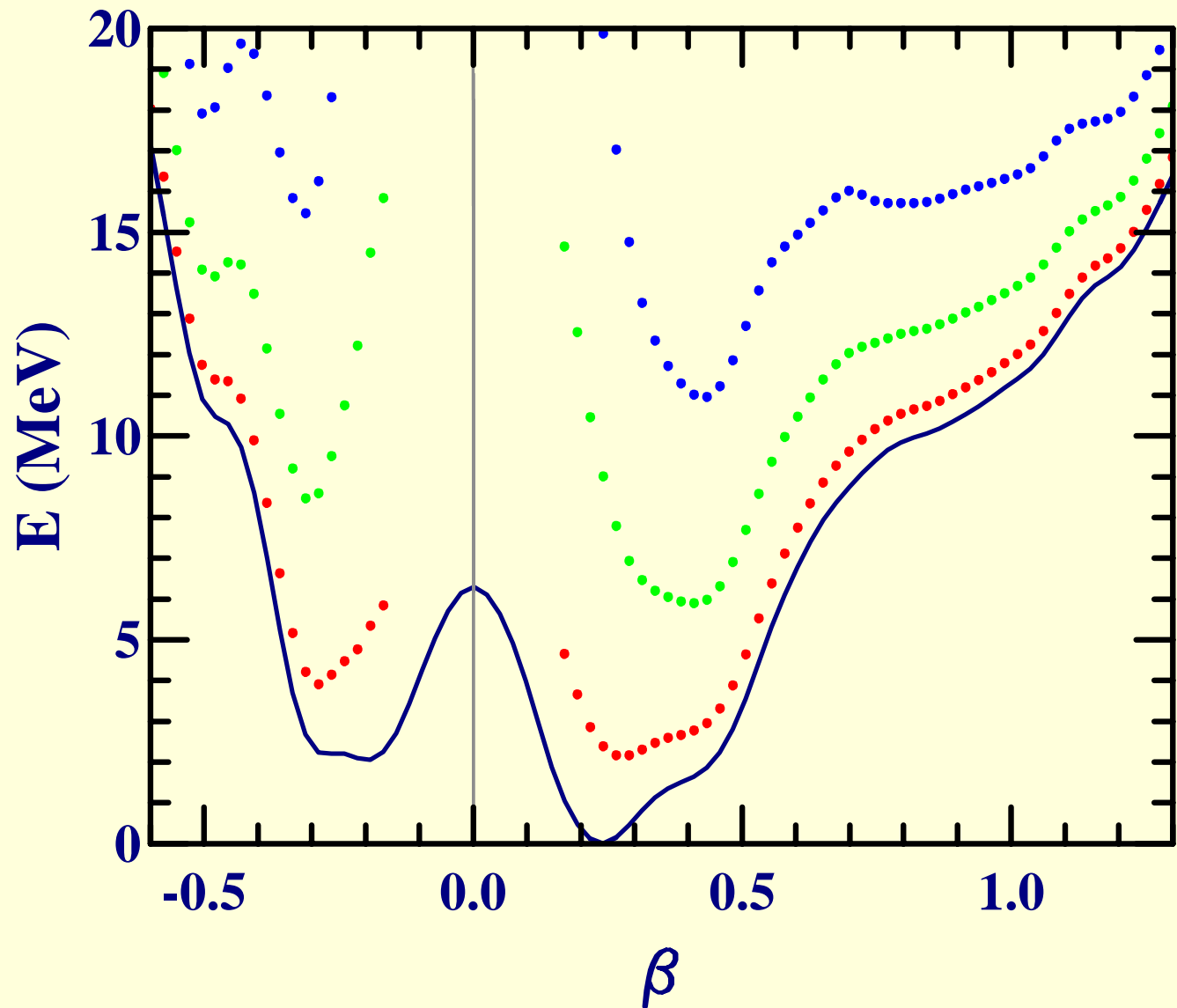


$^{164}_{72}\text{Hf}_{92}$



Energie de liaison

HFB=1315.800 MeV
Exp=1319.14 MeV(ext)

