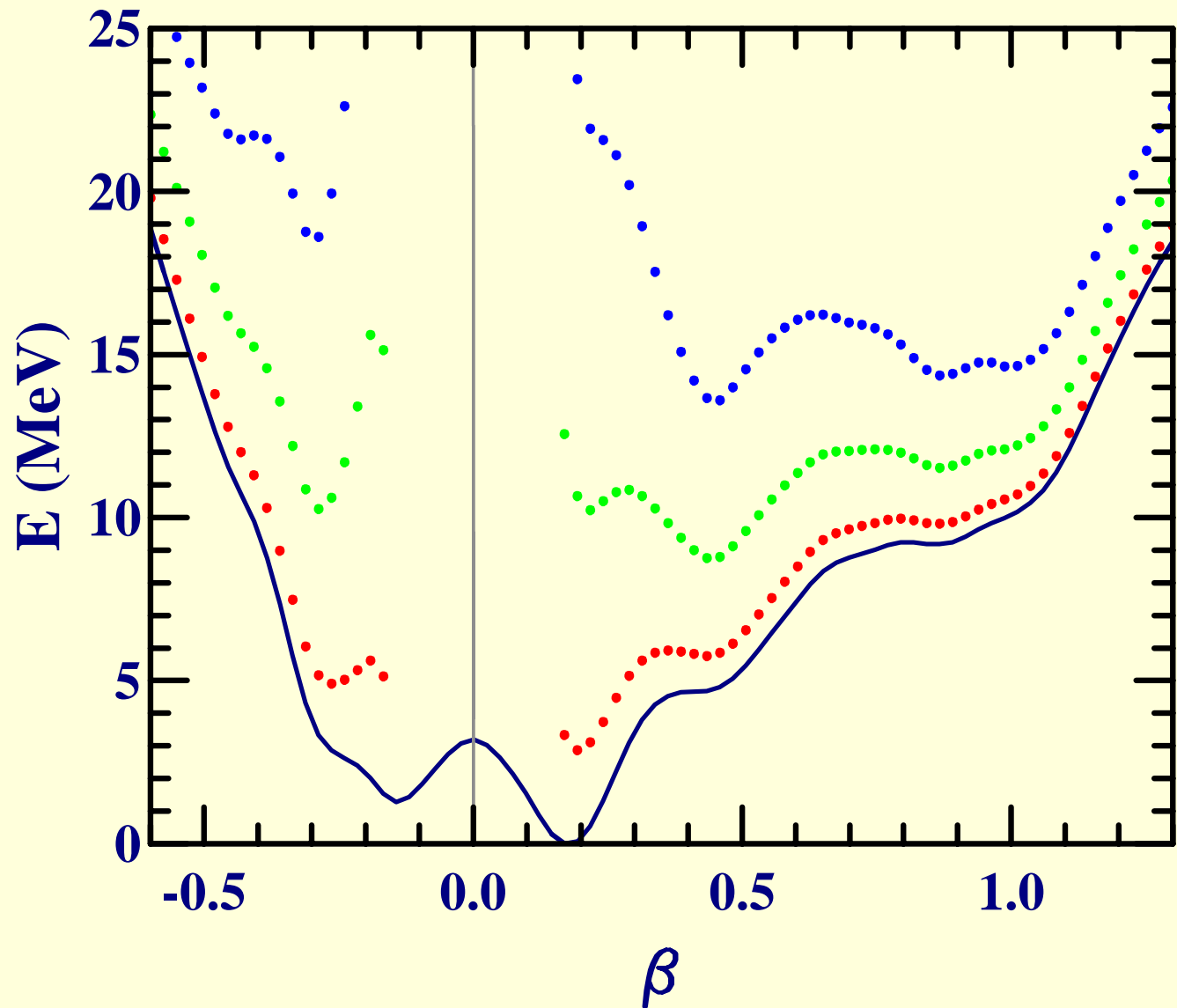


$^{160}_{72}\text{Hf}_{88}$



### Binding energy

HFB=1278.310 MeV

Exp=1280.99 MeV

