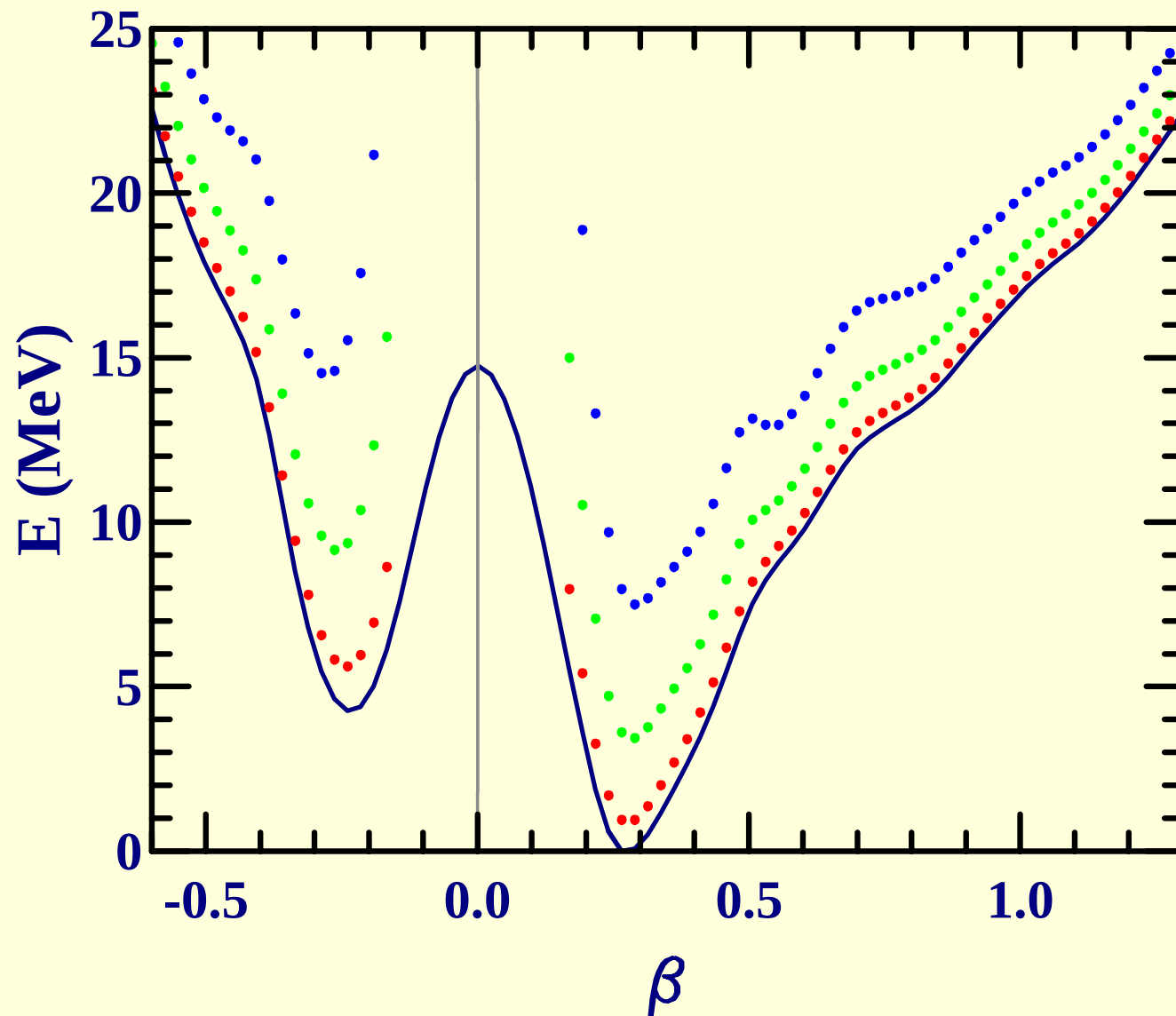


$^{230}_{72}\text{Hf}_{158}$ 

Binding energy

HFB=1569.290 MeV

Exp=?

