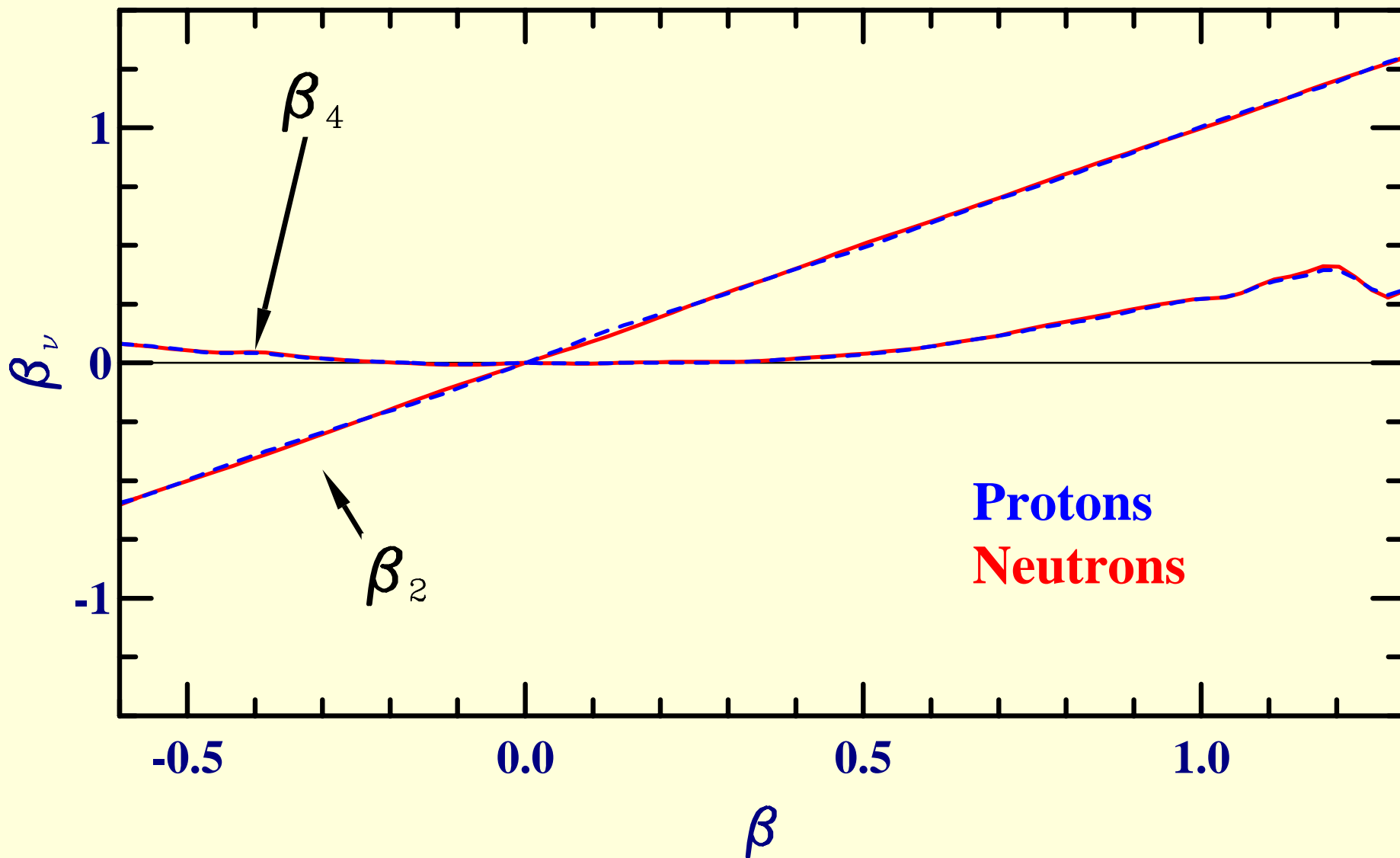


$^{196}_{72}\text{Hf}_{124}$



**Protons**  
**Neutrons**