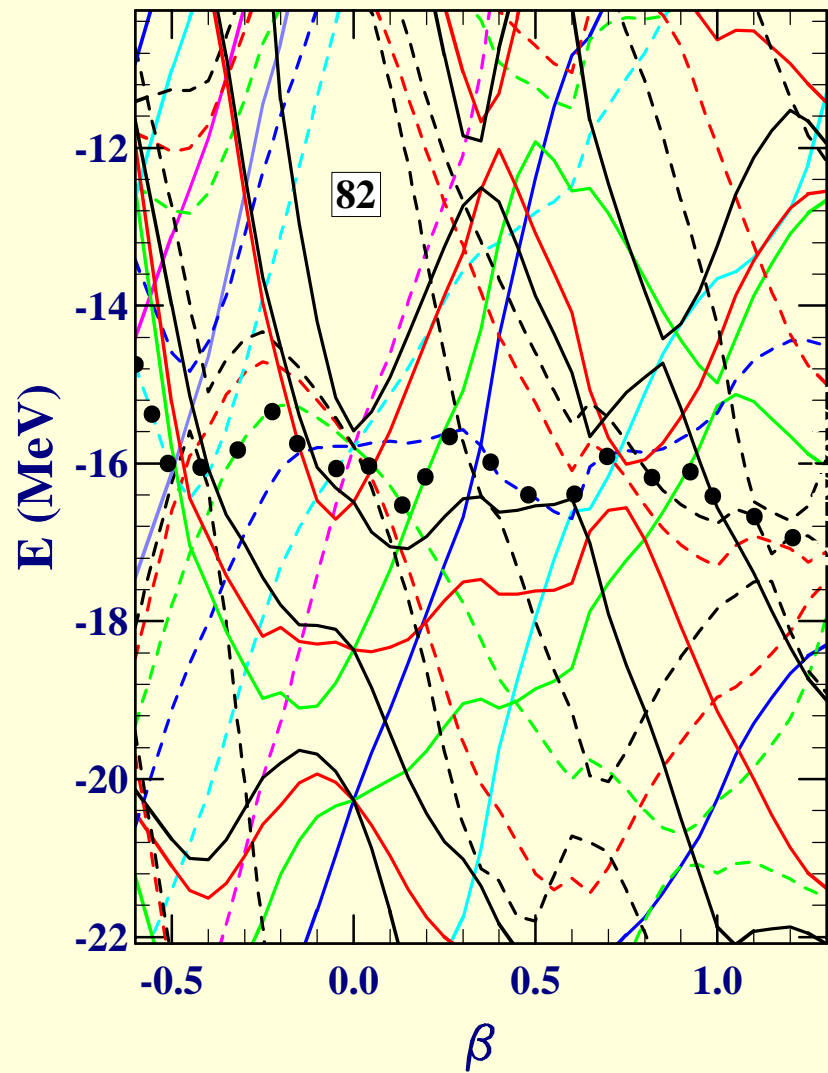




$^{216}_{72}\text{Hf}_{144}$

Protons



Neutrons

