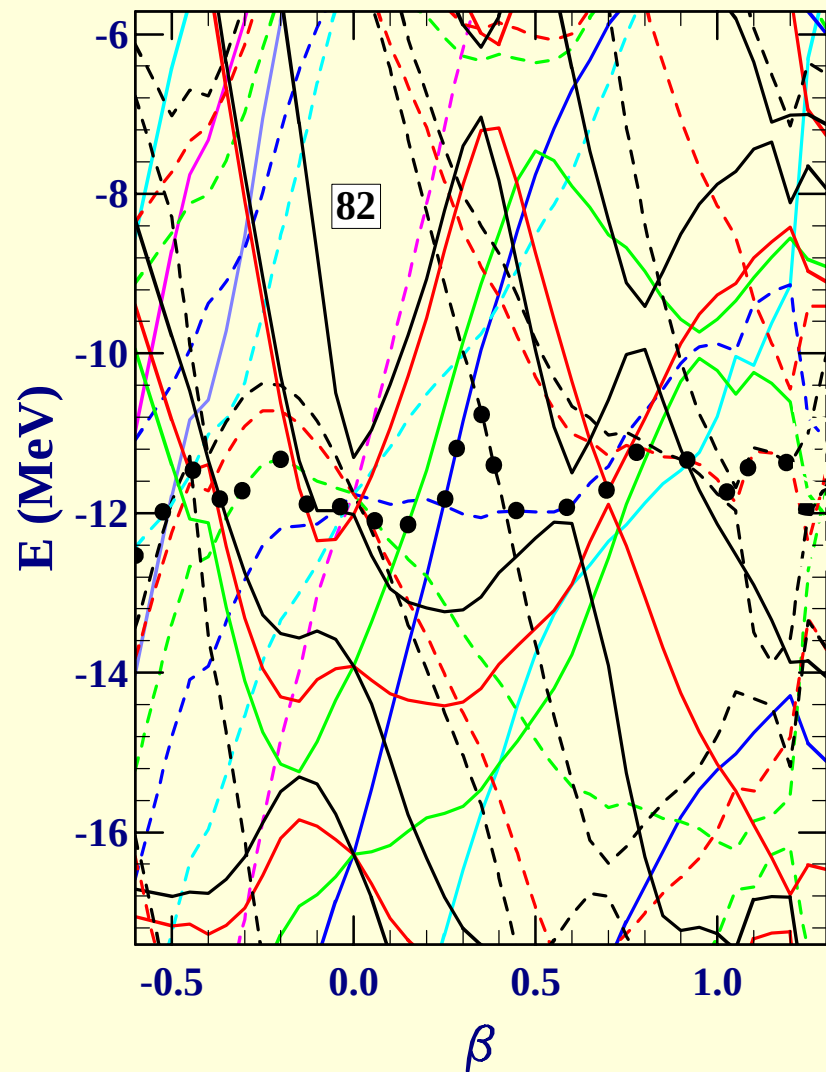


$^{196}_{72}\text{Hf}_{124}$ **Protons****Neutrons**