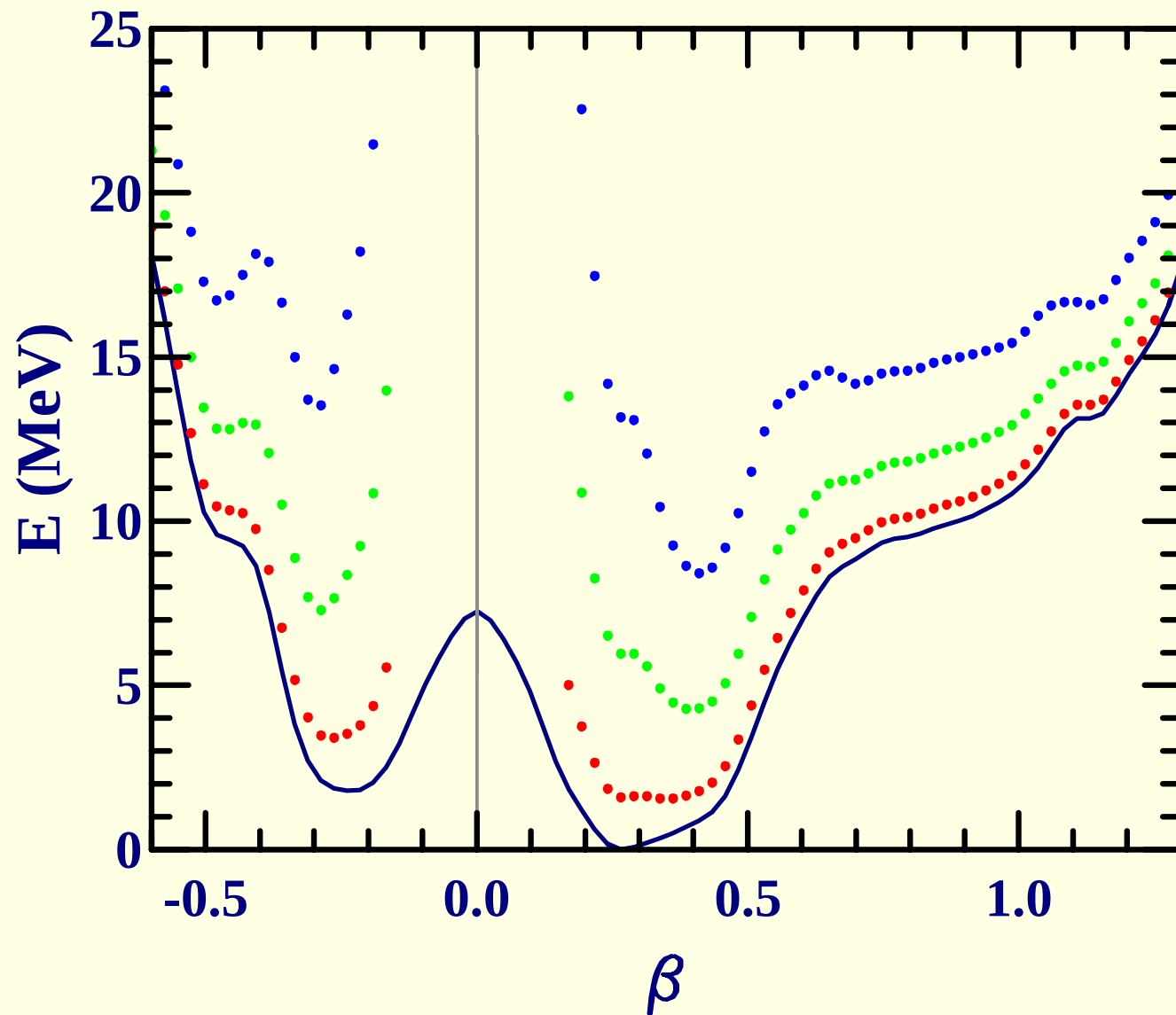


$^{160}_{69}\text{Tm}_{91}$ 

Binding energy

HFB=1294.090 MeV

Exp=1297.89 MeV

