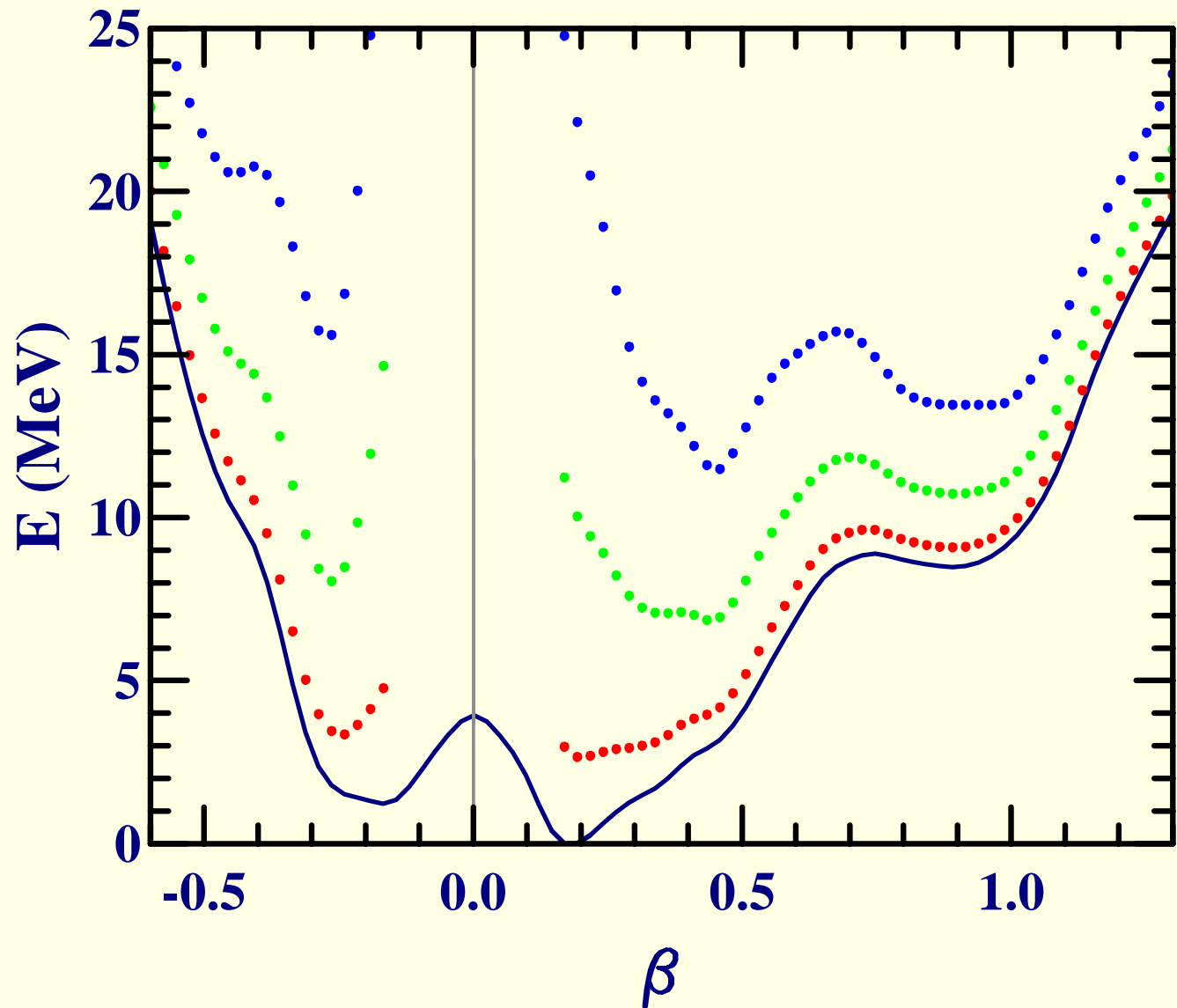


$^{157}_{69}\text{Tm}_{88}$



Binding energy

HFB=1268.500 MeV

Exp=1272.13 MeV

