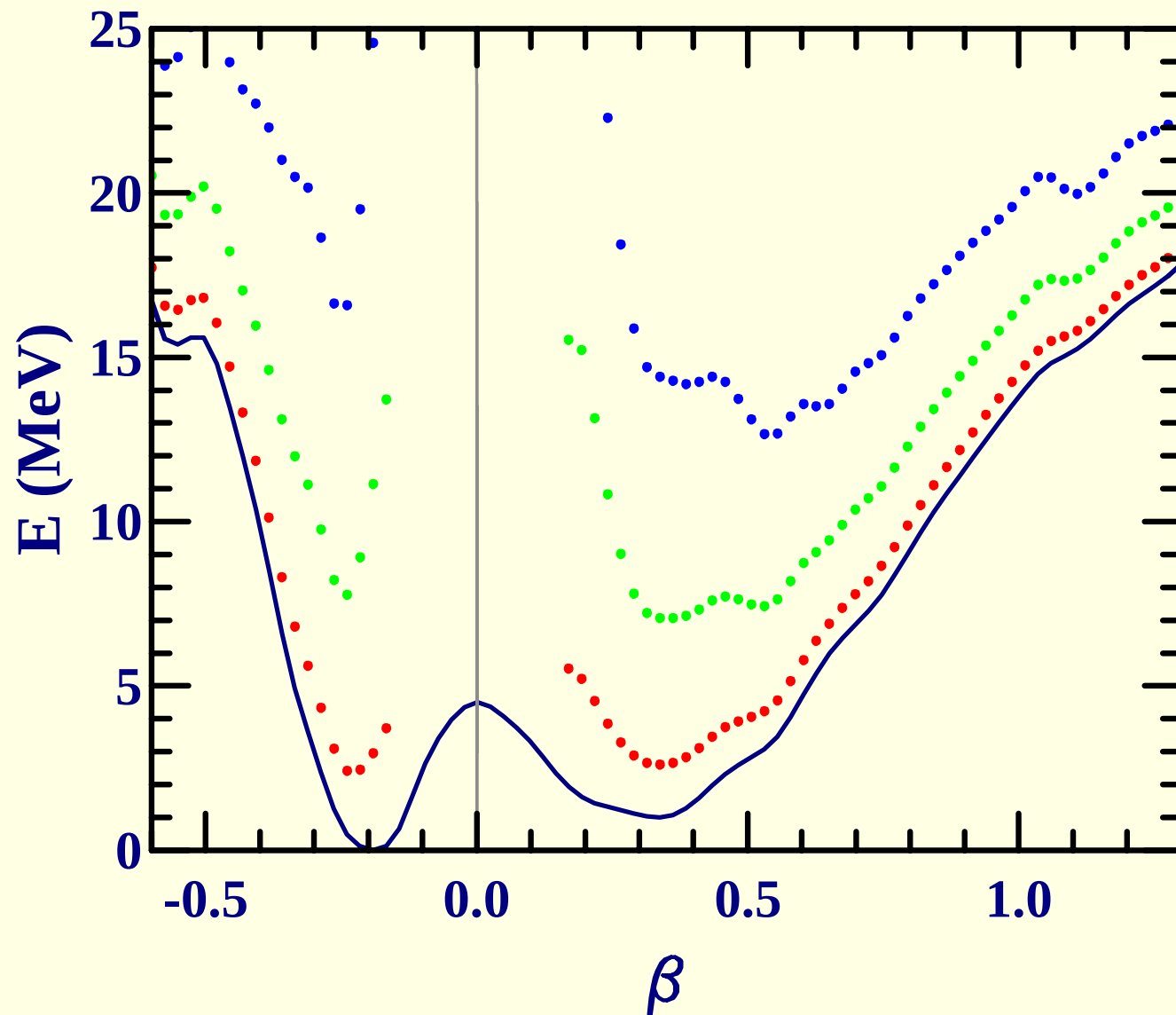


$^{145}_{69}\text{Tm}_{76}$ 

Binding energy

HFB=1142.880 MeV

Exp=?

