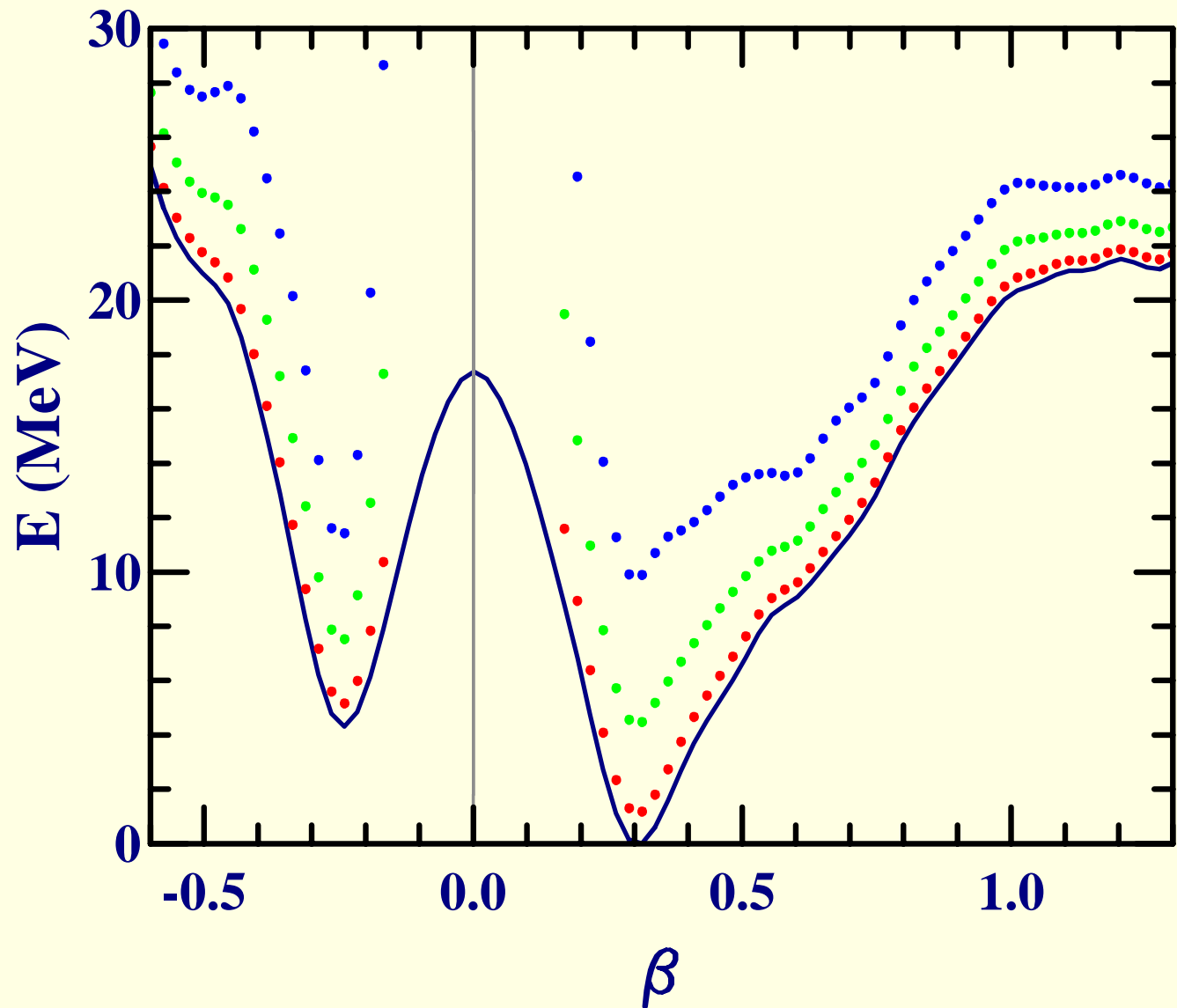


$^{178}_{69}\text{Tm}_{109}$



Binding energy

HFB=1419.240 MeV
Exp=1426.83 MeV(ext)

