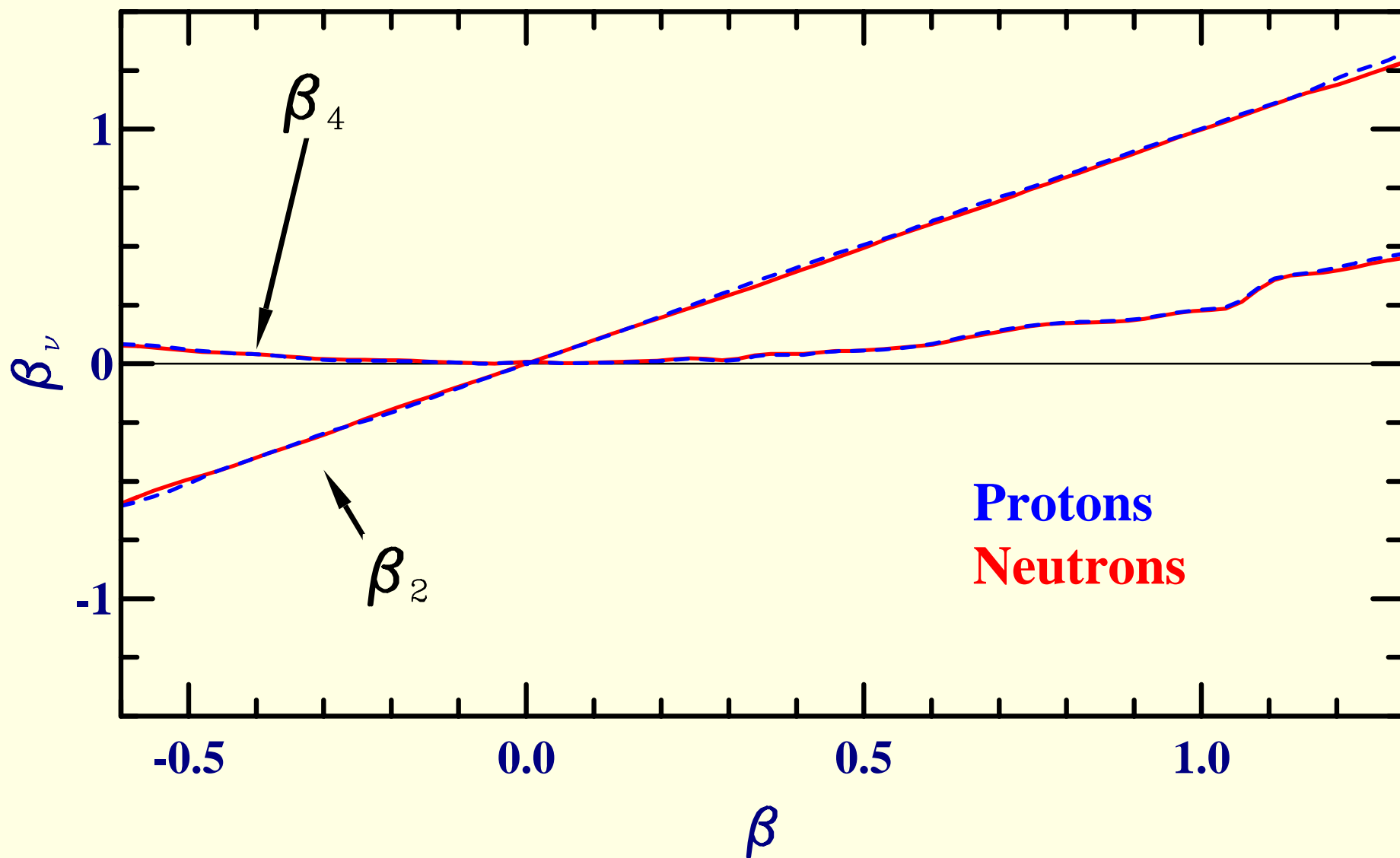


$^{160}_{69}\text{Tm}_{91}$ 

Protons
Neutrons