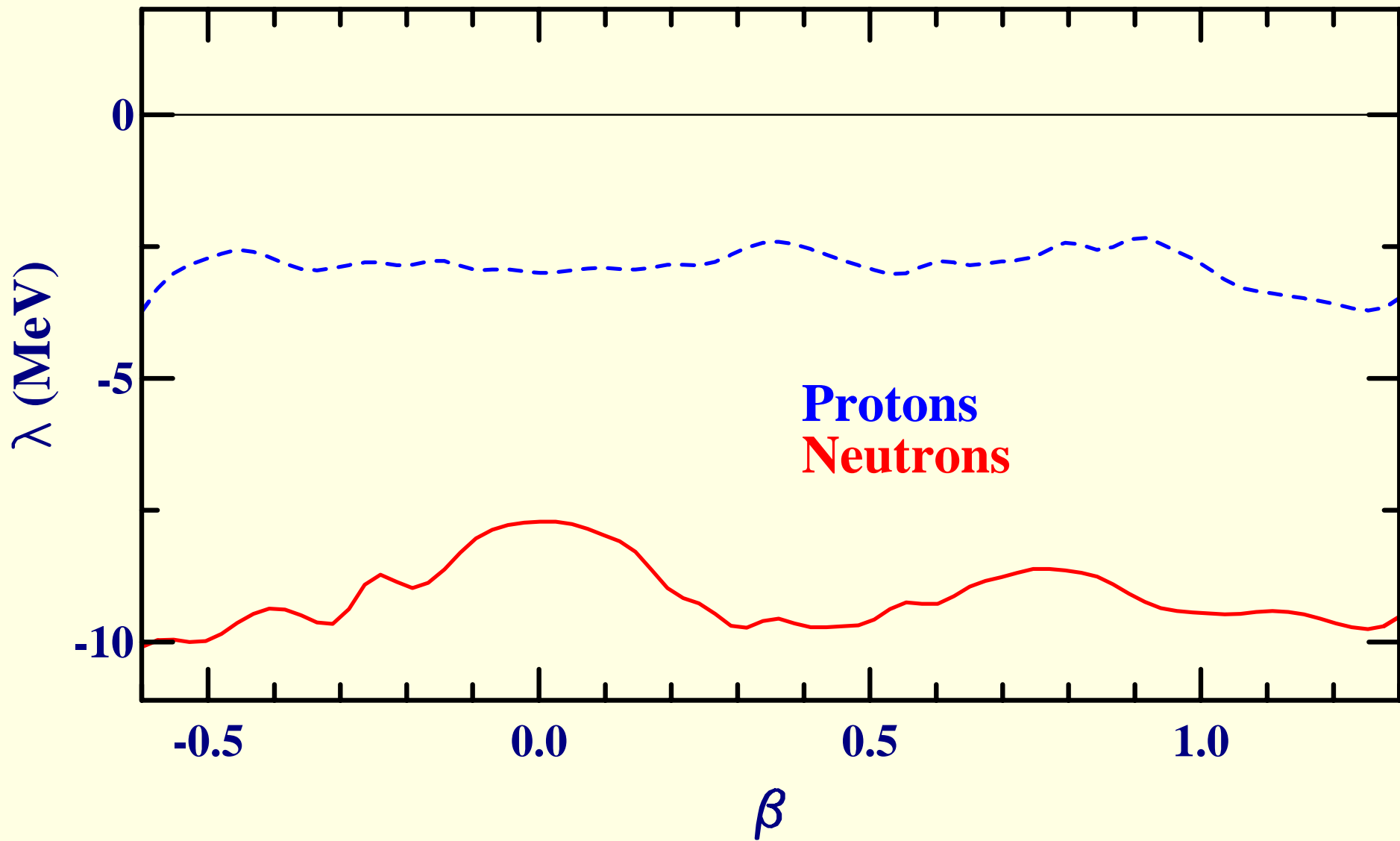


$^{156}_{69}\text{Tm}_{87}$



**Protons**  
**Neutrons**