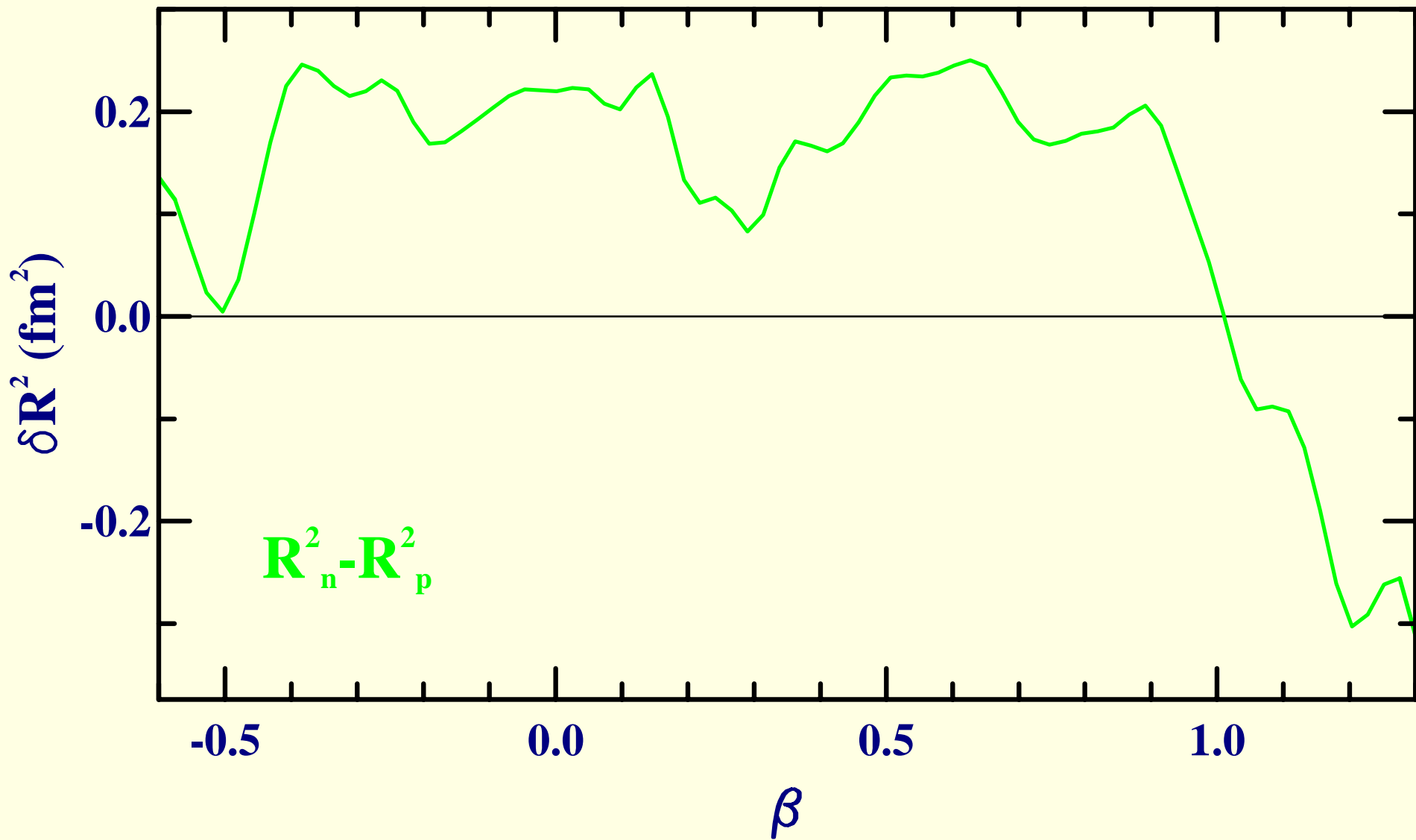




$^{156}_{69}\text{Tm}_{87}$



$R_n^2 - R_p^2$