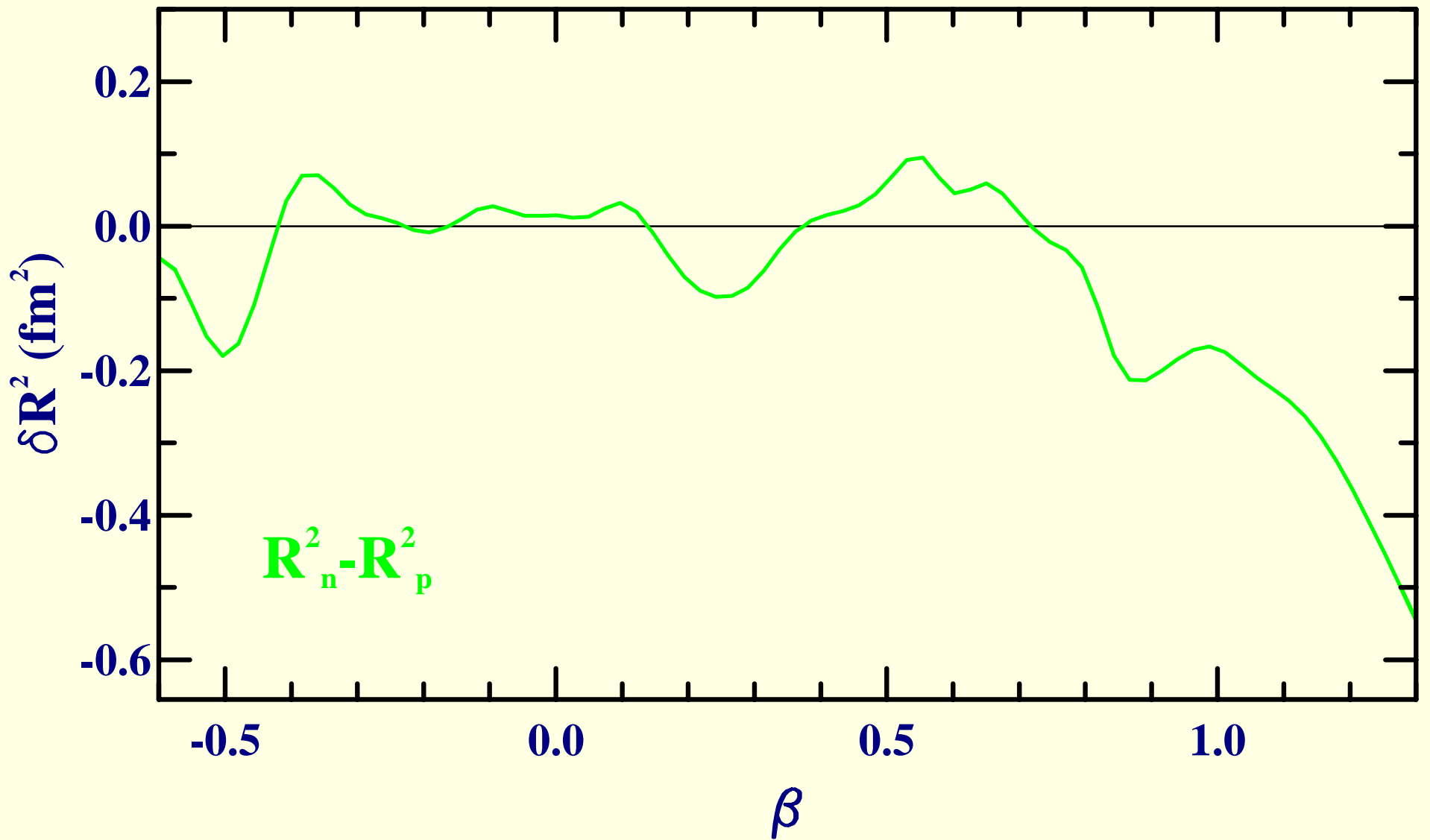


$^{153}_{69}\text{Tm}_{84}$



$R_n^2 - R_p^2$