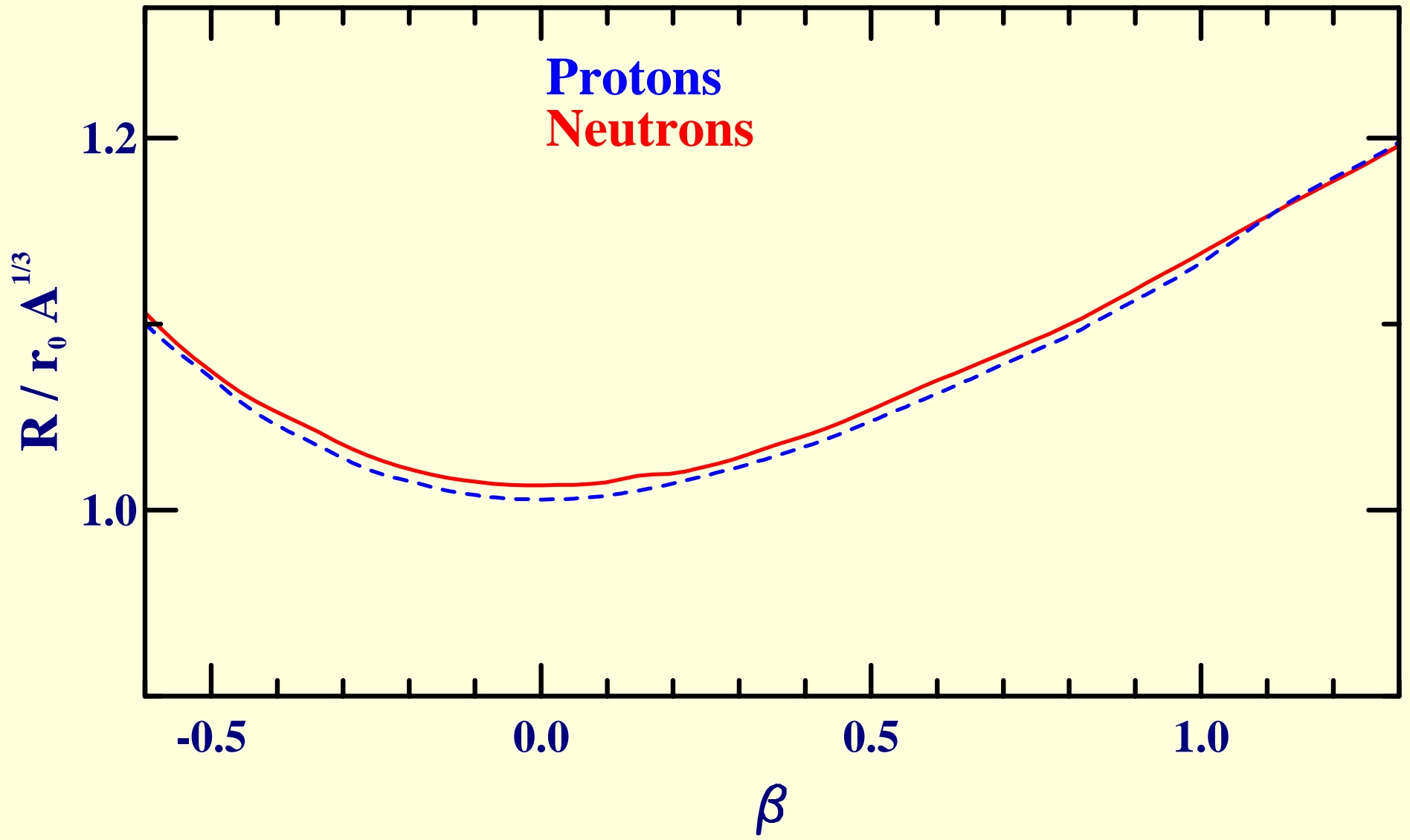




$^{156}_{68}\text{Er}_{88}$



Protons
Neutrons