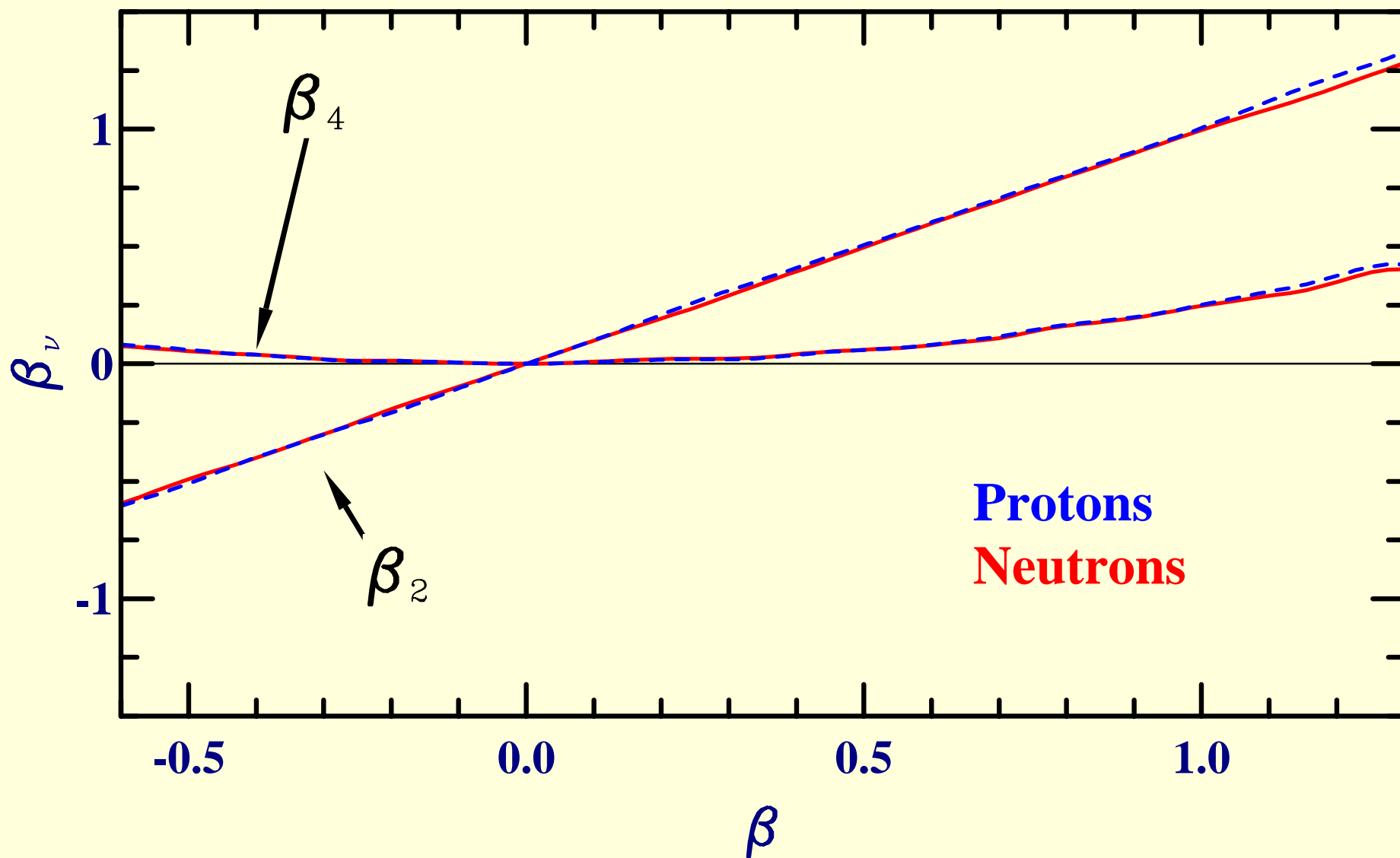


$^{156}_{68}\text{Er}_{88}$ 

**Protons**  
**Neutrons**