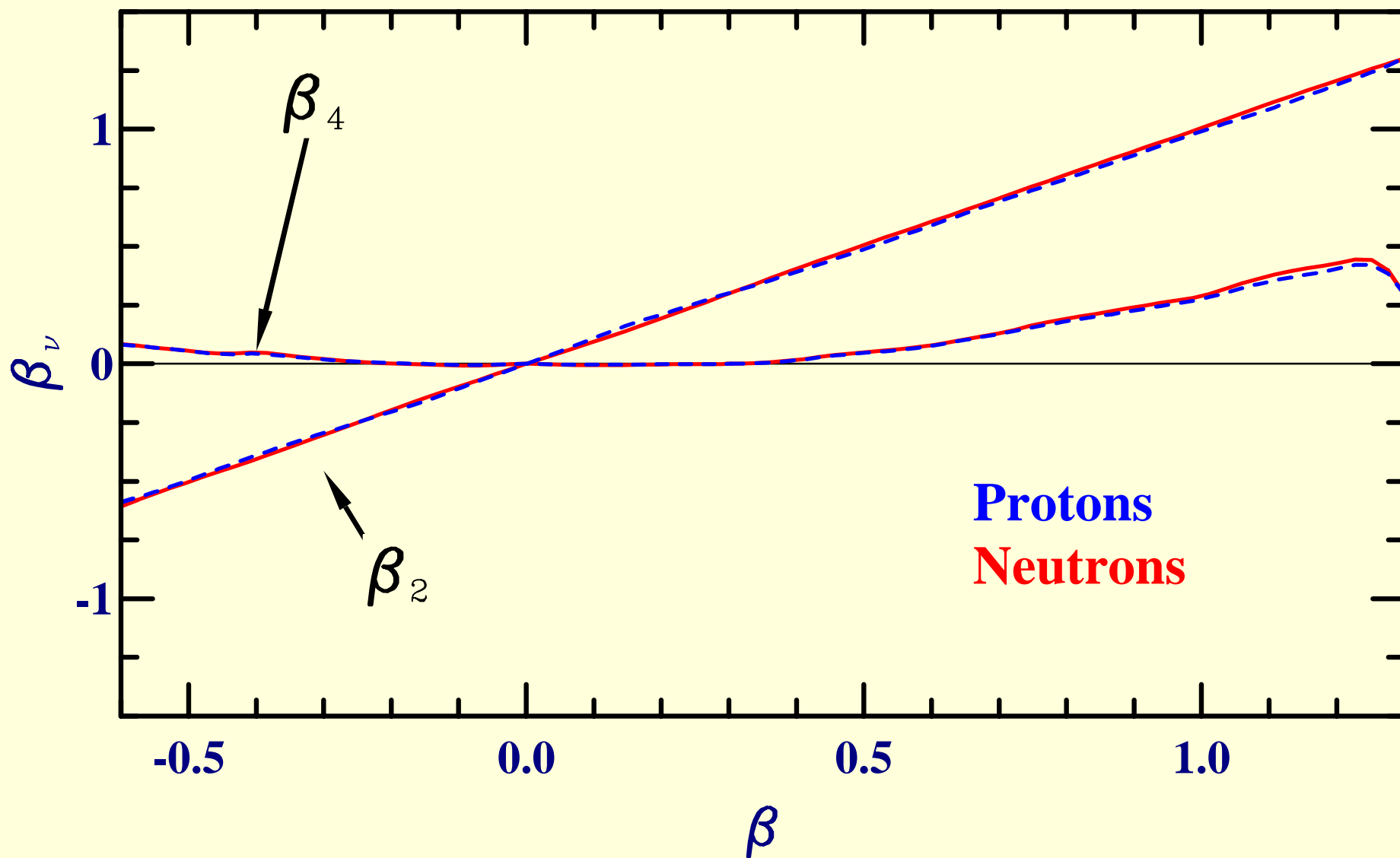


$^{190}_{68}\text{Er}_{122}$



**Protons**  
**Neutrons**