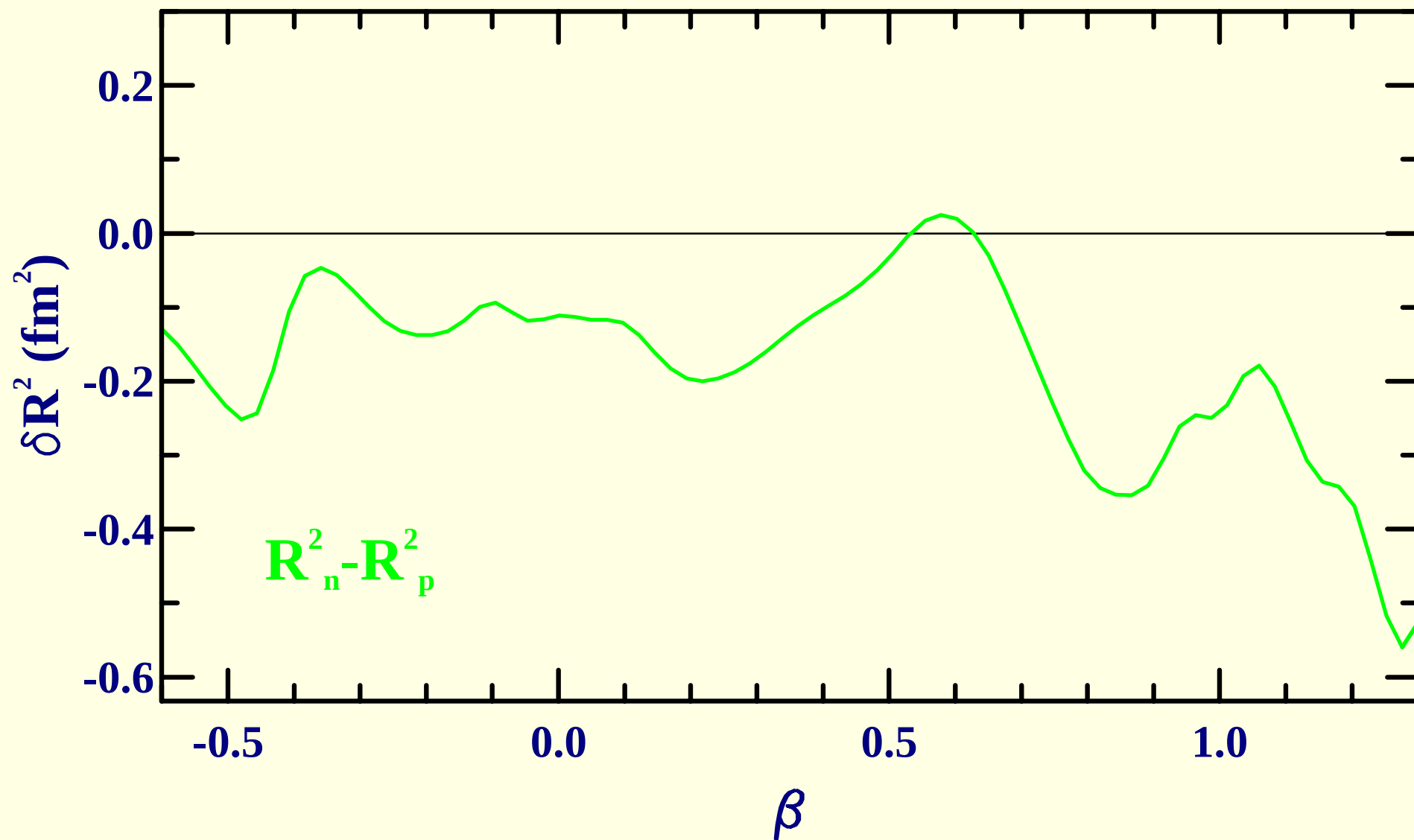


$^{149}_{68}\text{Er}_{81}$



$R_n^2 - R_p^2$