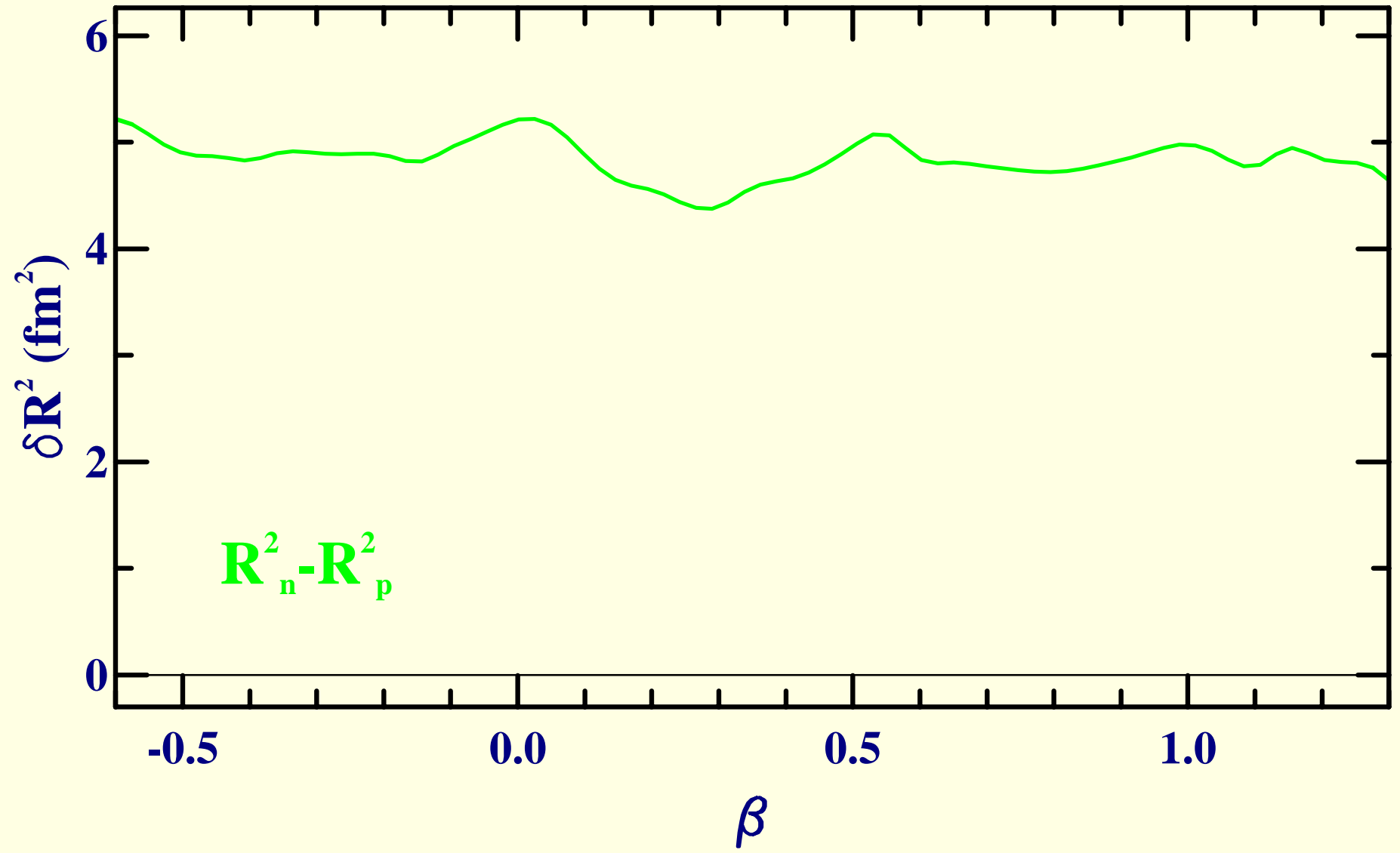


$^{217}_{68}\text{Er}_{149}$



$R_n^2 - R_p^2$