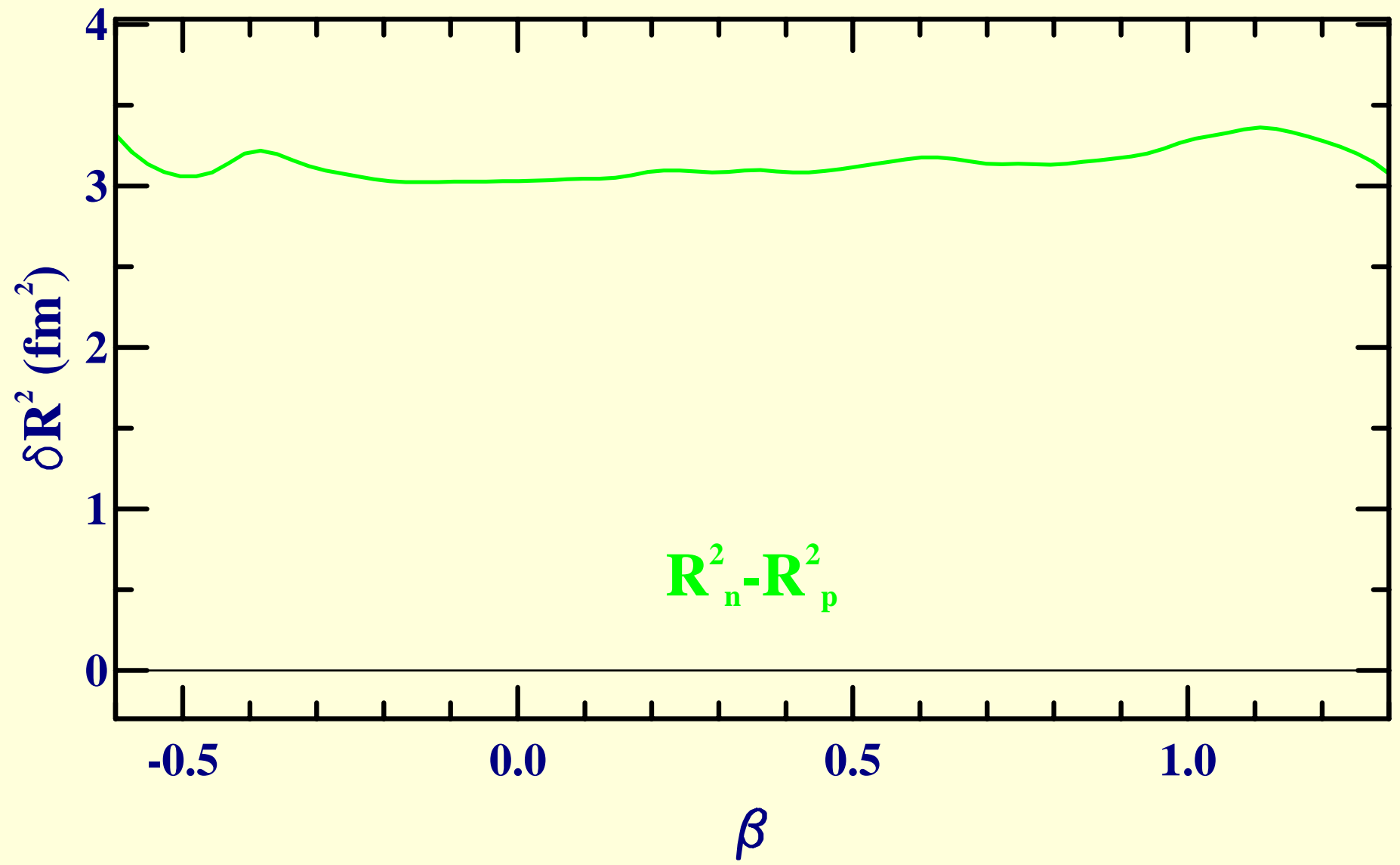


$^{196}_{68}\text{Er}_{128}$



$R_n^2 - R_p^2$