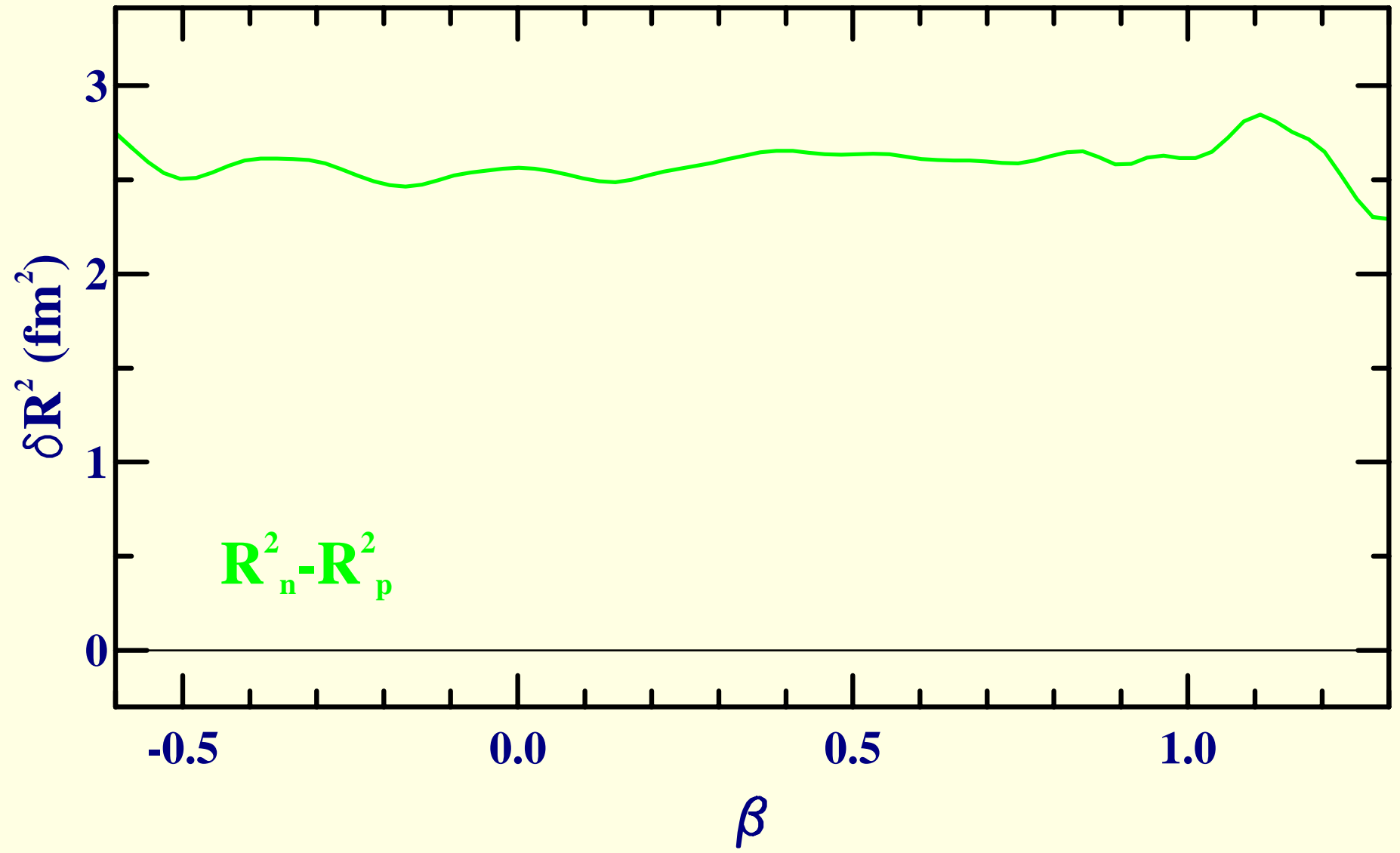


$^{189}_{68}\text{Er}_{121}$



$R_n^2 - R_p^2$