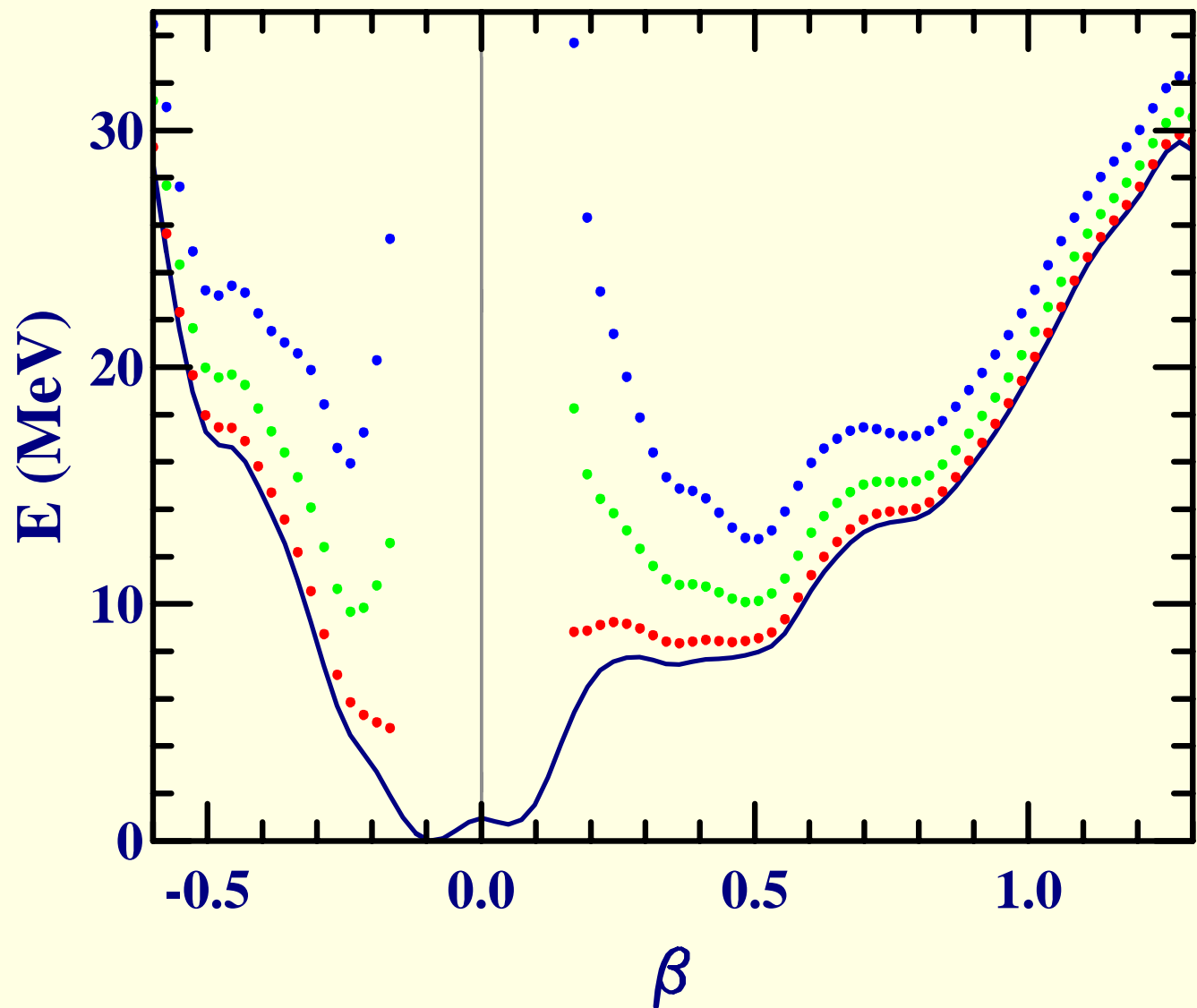


$^{190}_{67}\text{Ho}_{123}$



Binding energy

HFB=1449.140 MeV

Exp=?

