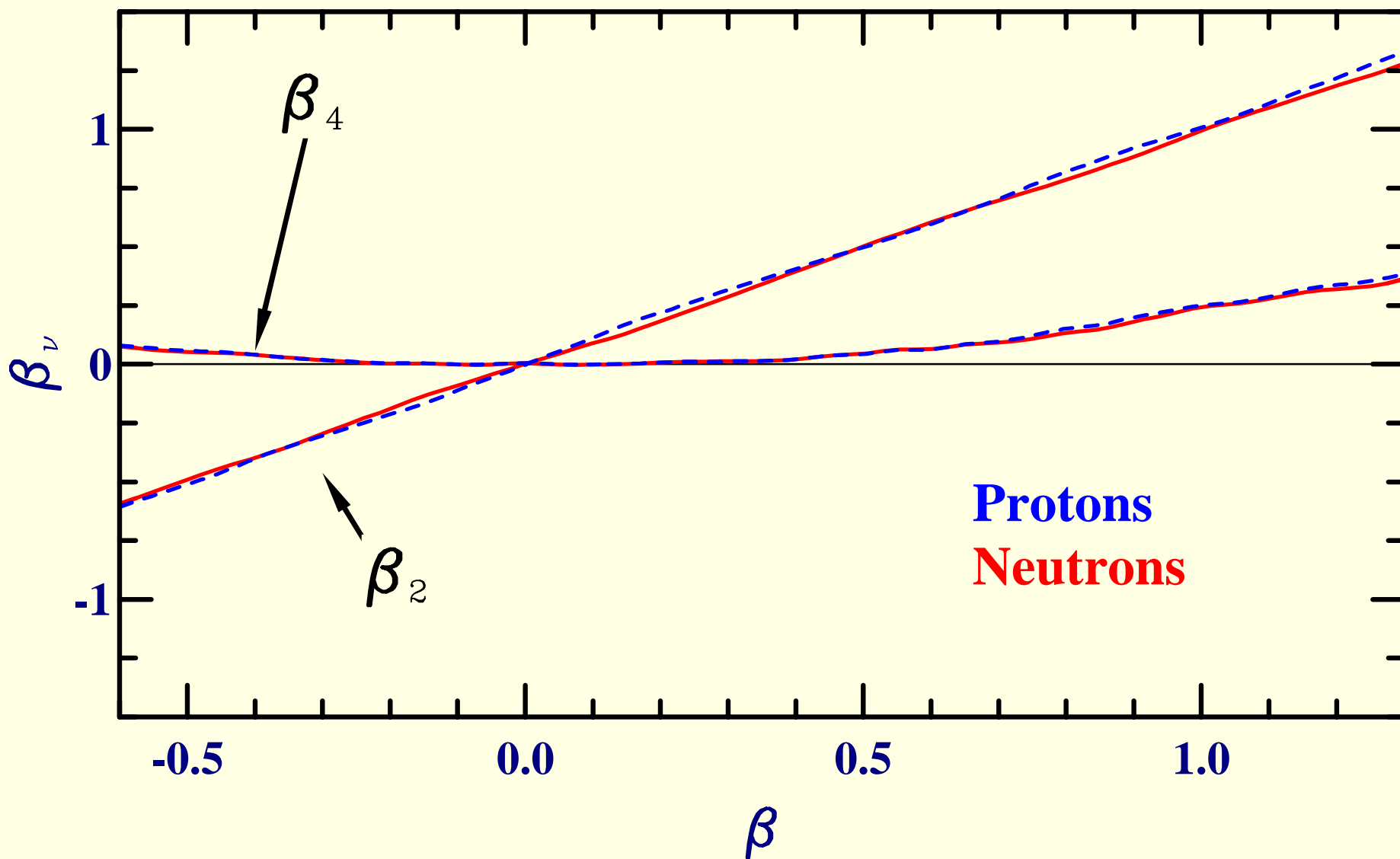


$^{148}_{67}\text{Ho}_{81}$ 

Protons
Neutrons