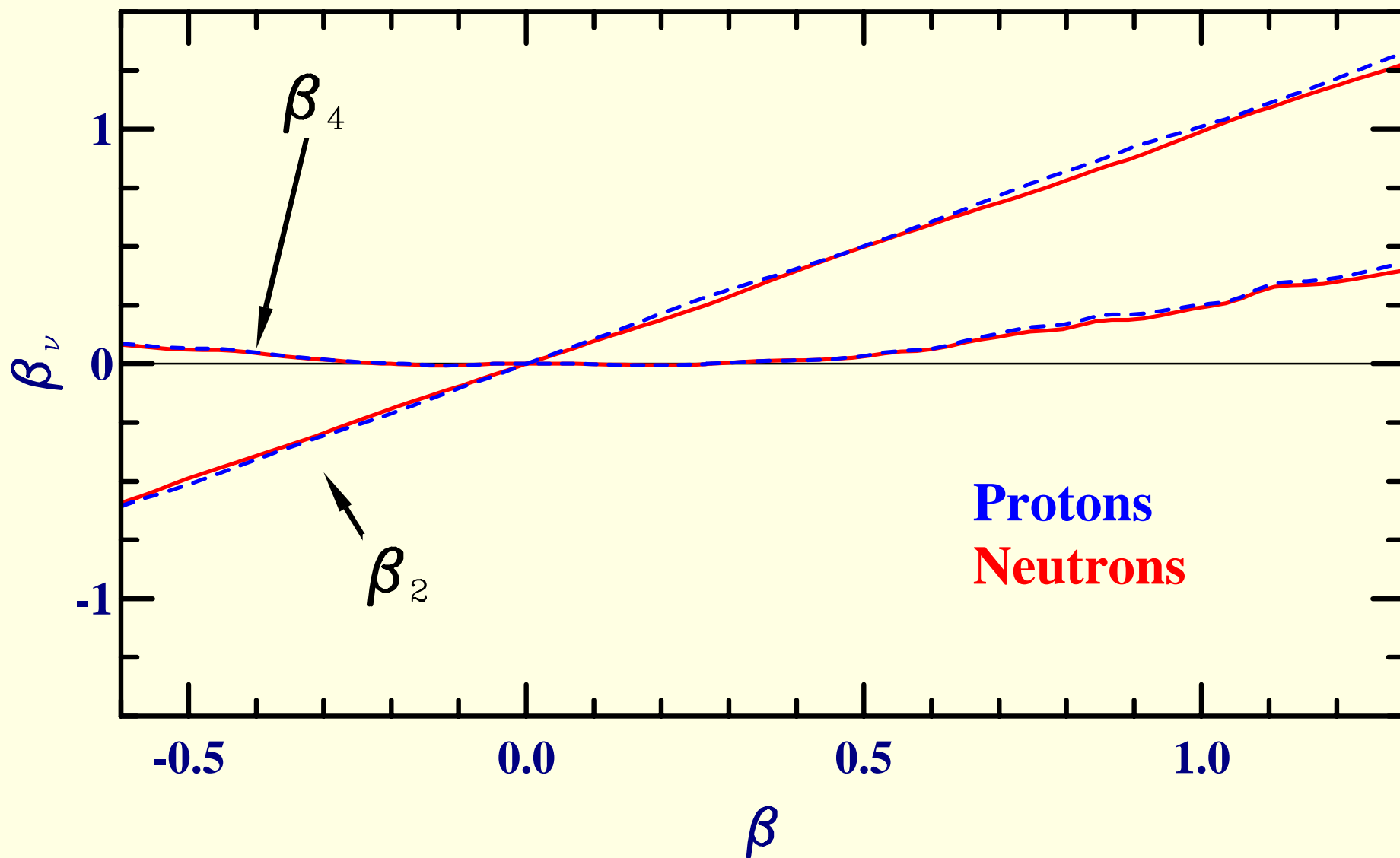


$^{143}_{67}\text{Ho}_{76}$



**Protons**  
**Neutrons**