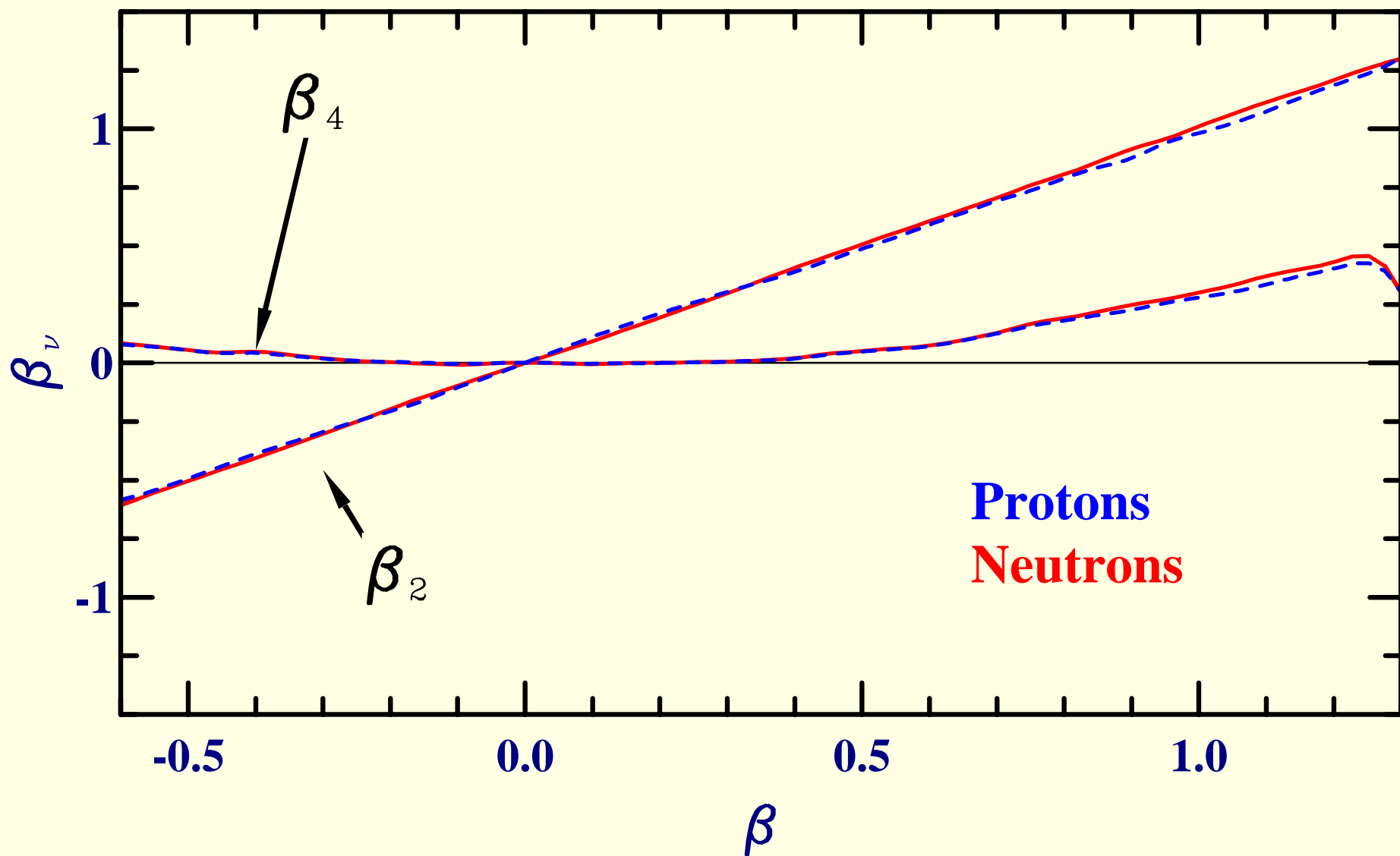


$^{190}_{67}\text{Ho}_{123}$



Protons
Neutrons