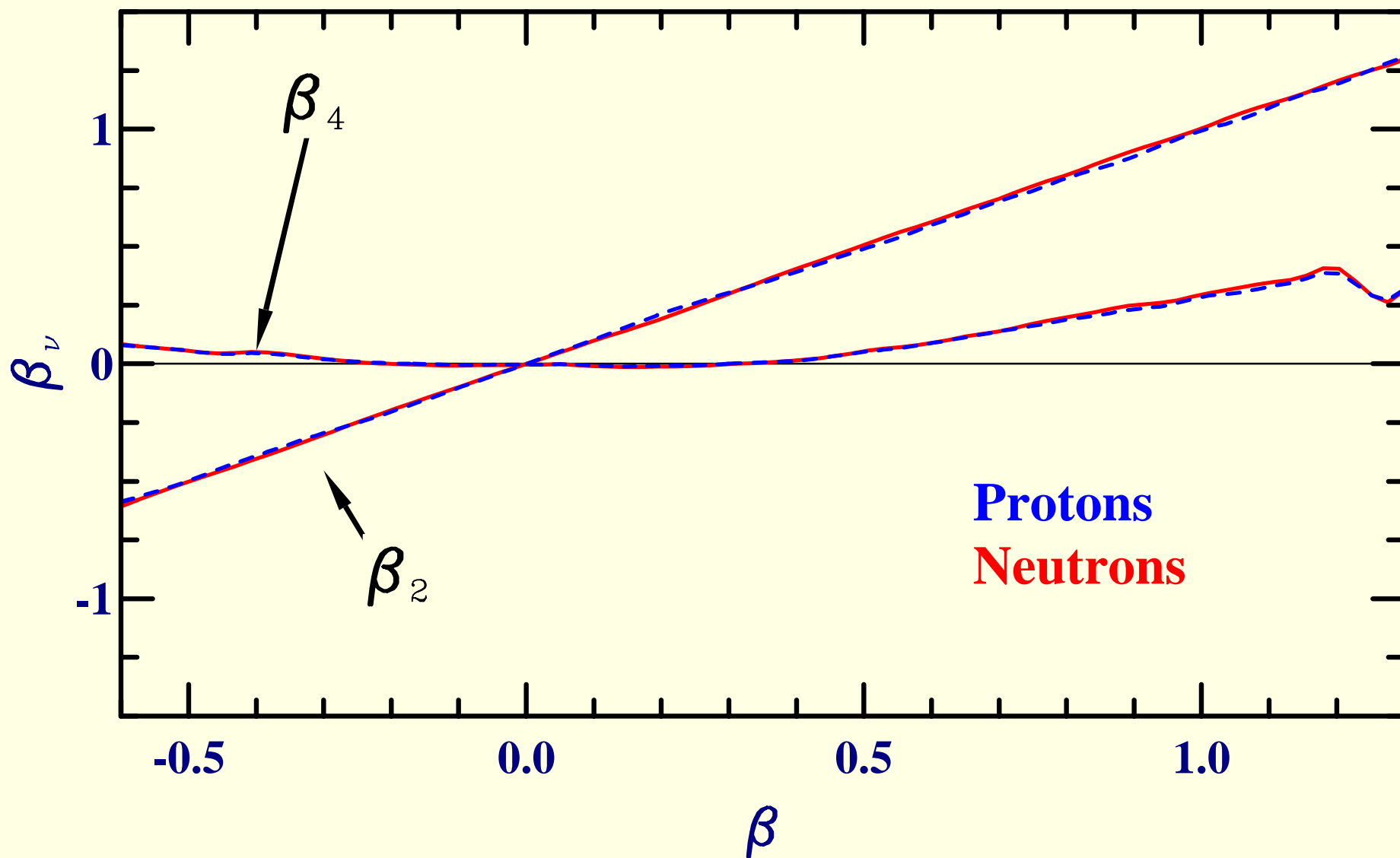


$^{186}_{67}\text{Ho}_{119}$



Protons
Neutrons