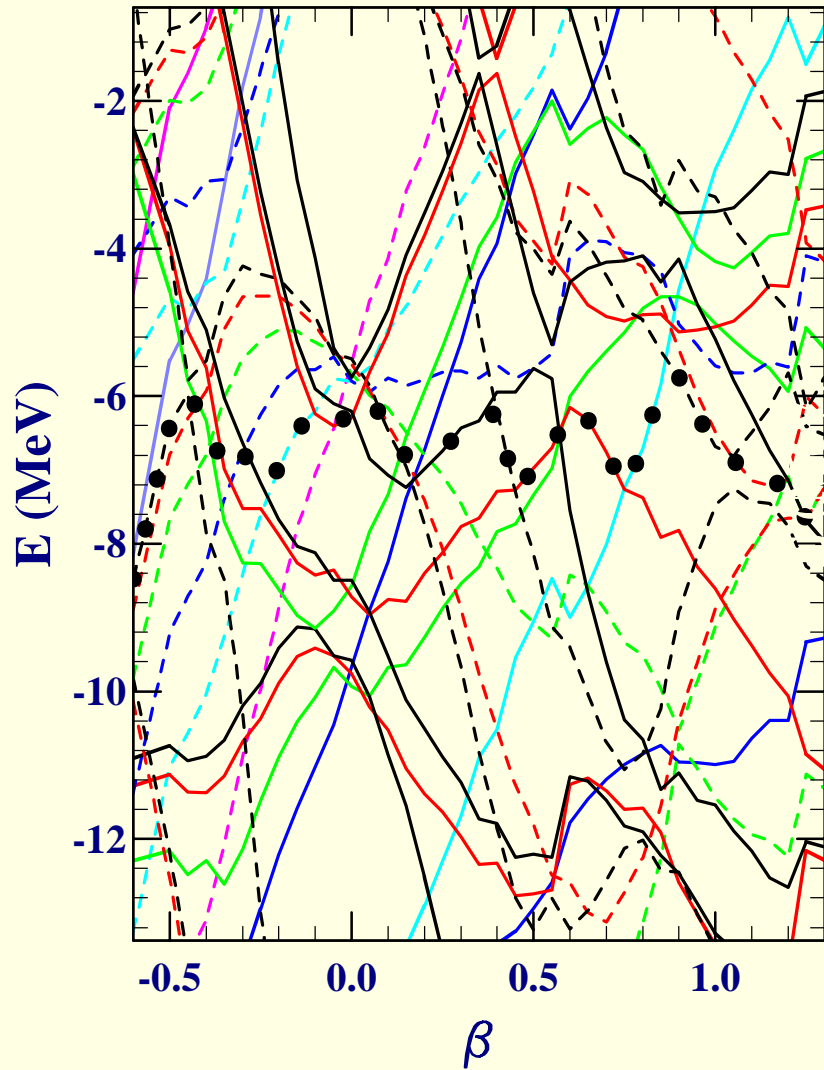




$^{164}_{67}\text{Ho}_{97}$

### Protons



### Neutrons

