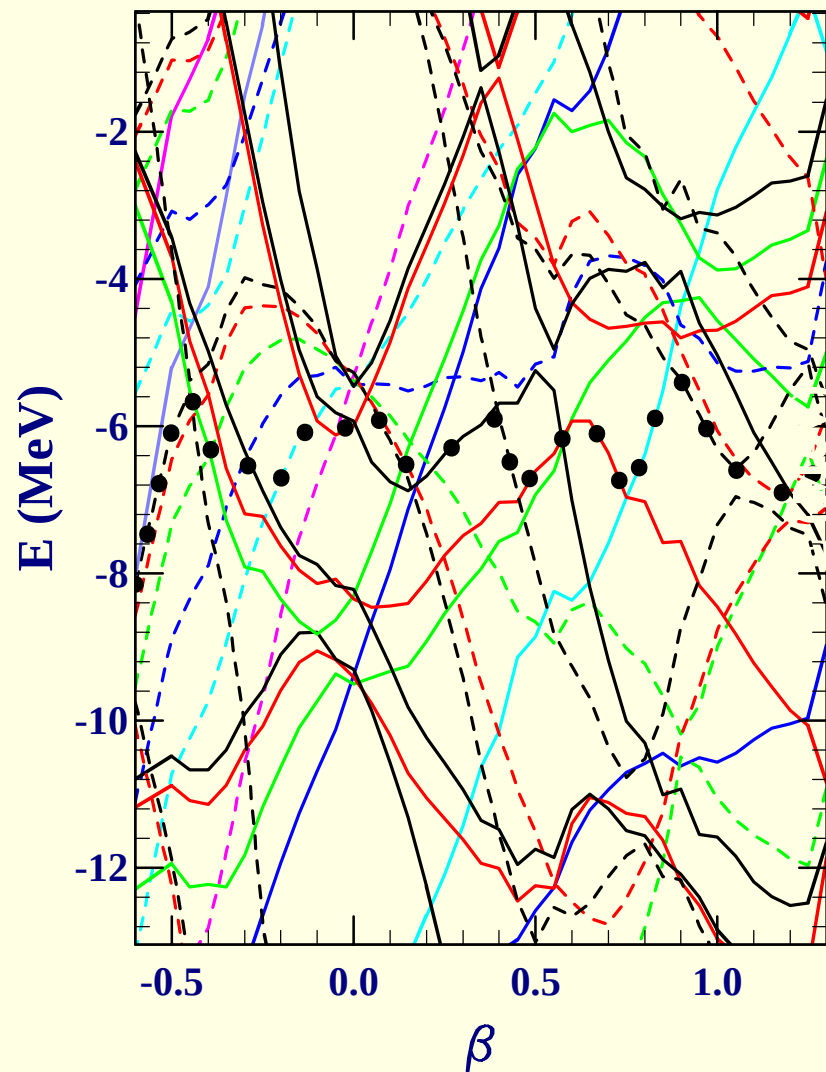


$^{163}_{67}\text{Ho}_{96}$ **Protons****Neutrons**