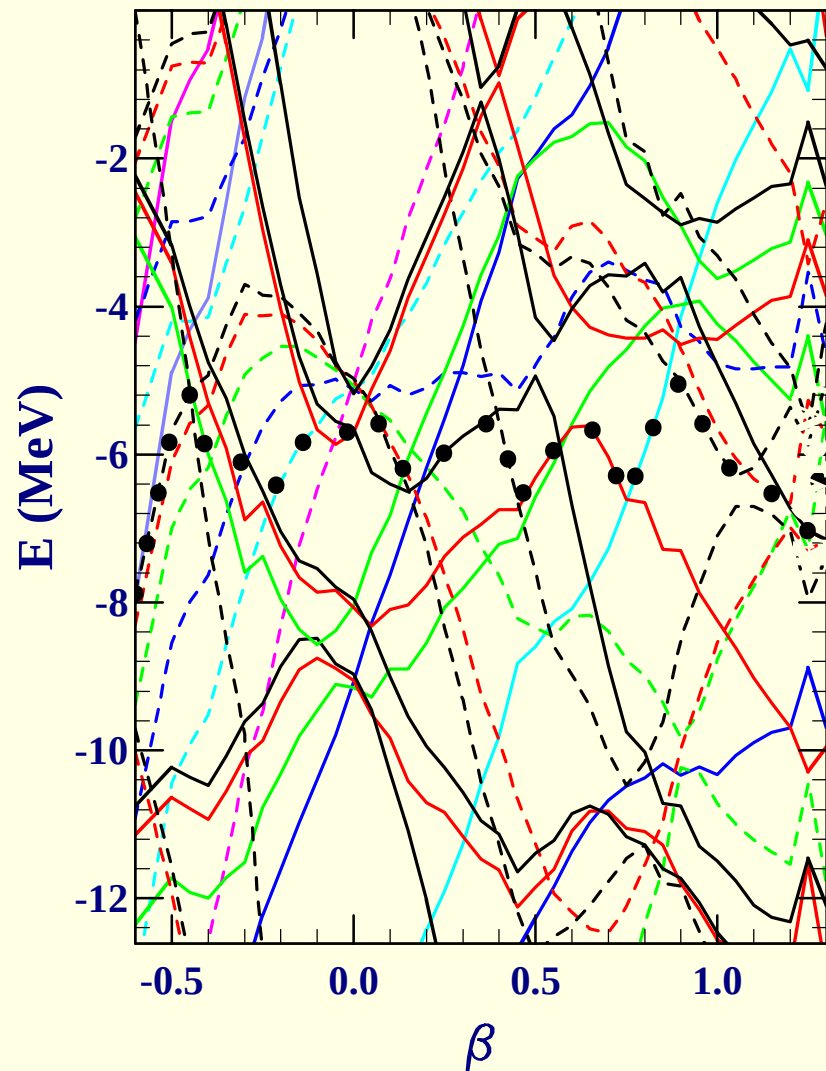


$^{162}_{67}\text{Ho}_{95}$ **Protons****Neutrons**