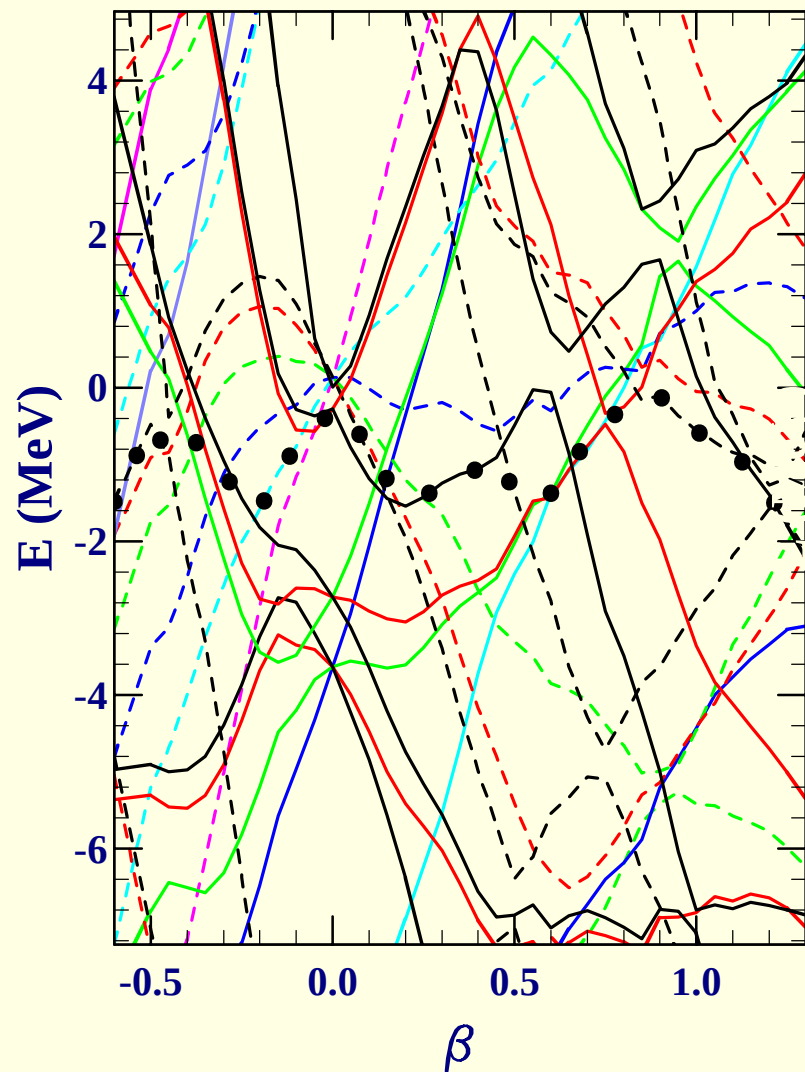


$^{145}_{67}\text{Ho}_{78}$

Protons



Neutrons

