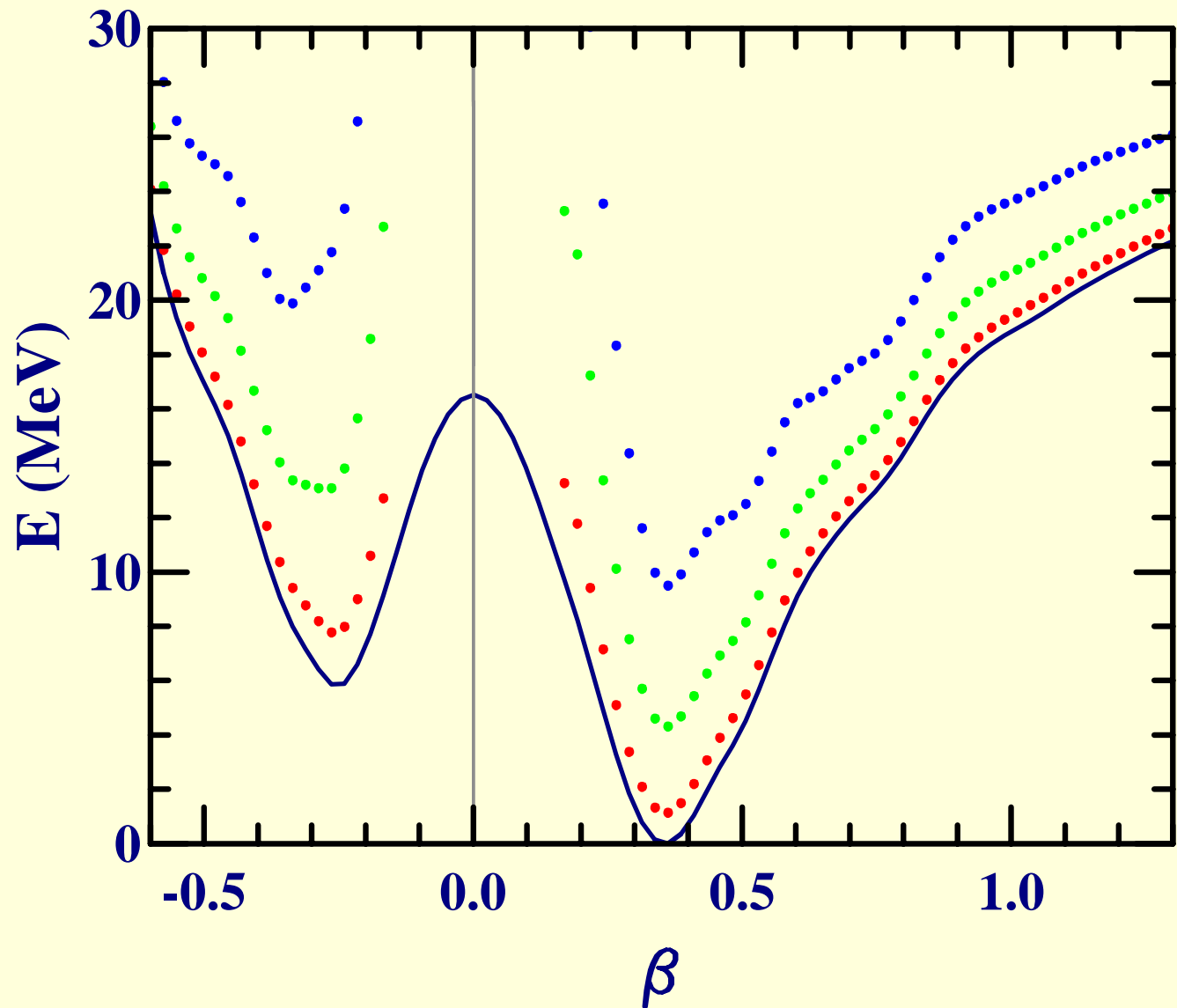


$^{164}_{64}\text{Gd}_{100}$



## Binding energy

HFB=1326.160 MeV

Exp=1333.37 MeV(ext)

