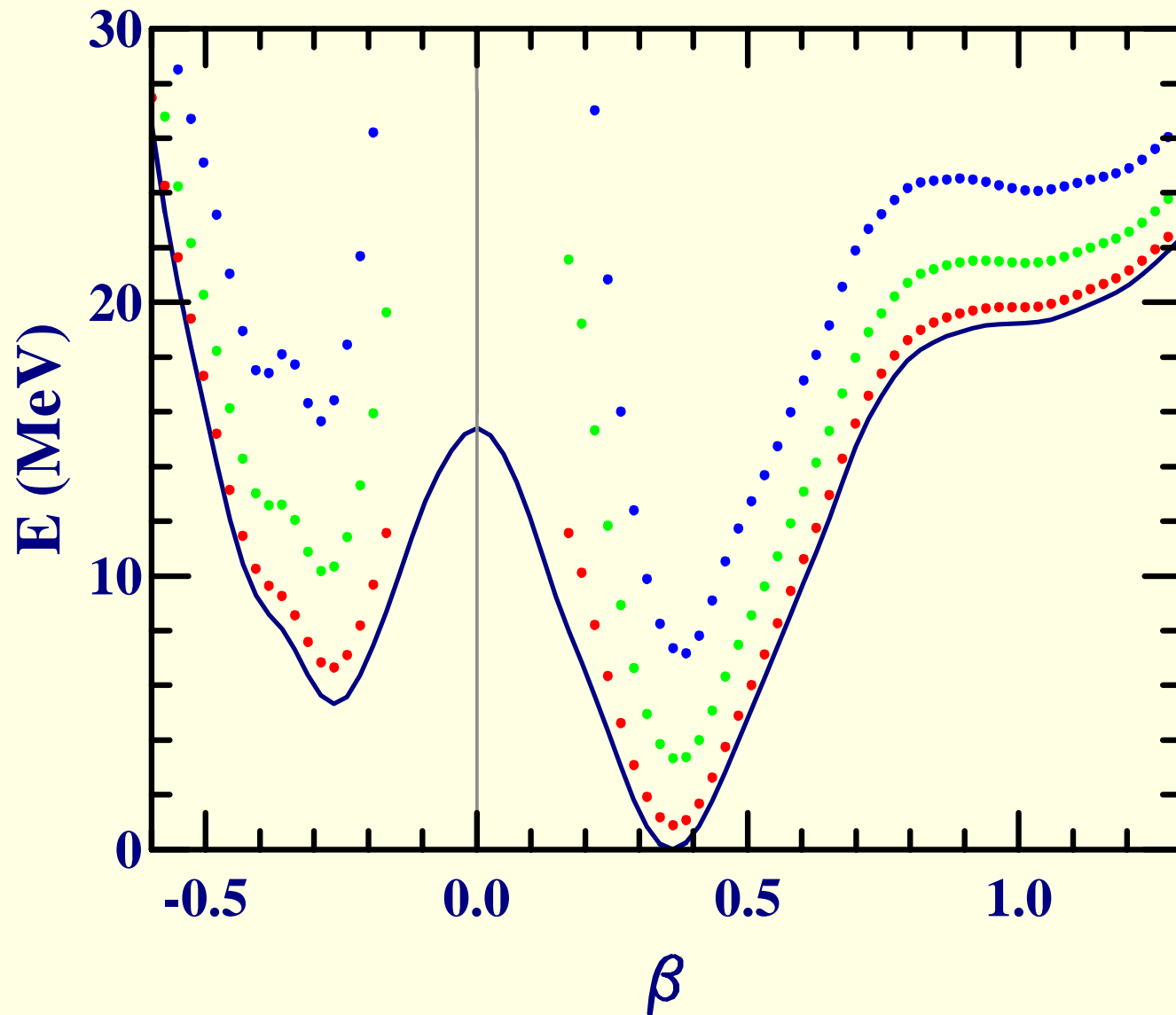


$^{157}_{60}\text{Nd}_{97}$ 

## Binding energy

HFB=1269.240 MeV  
Exp=1276.83 MeV(ext)

