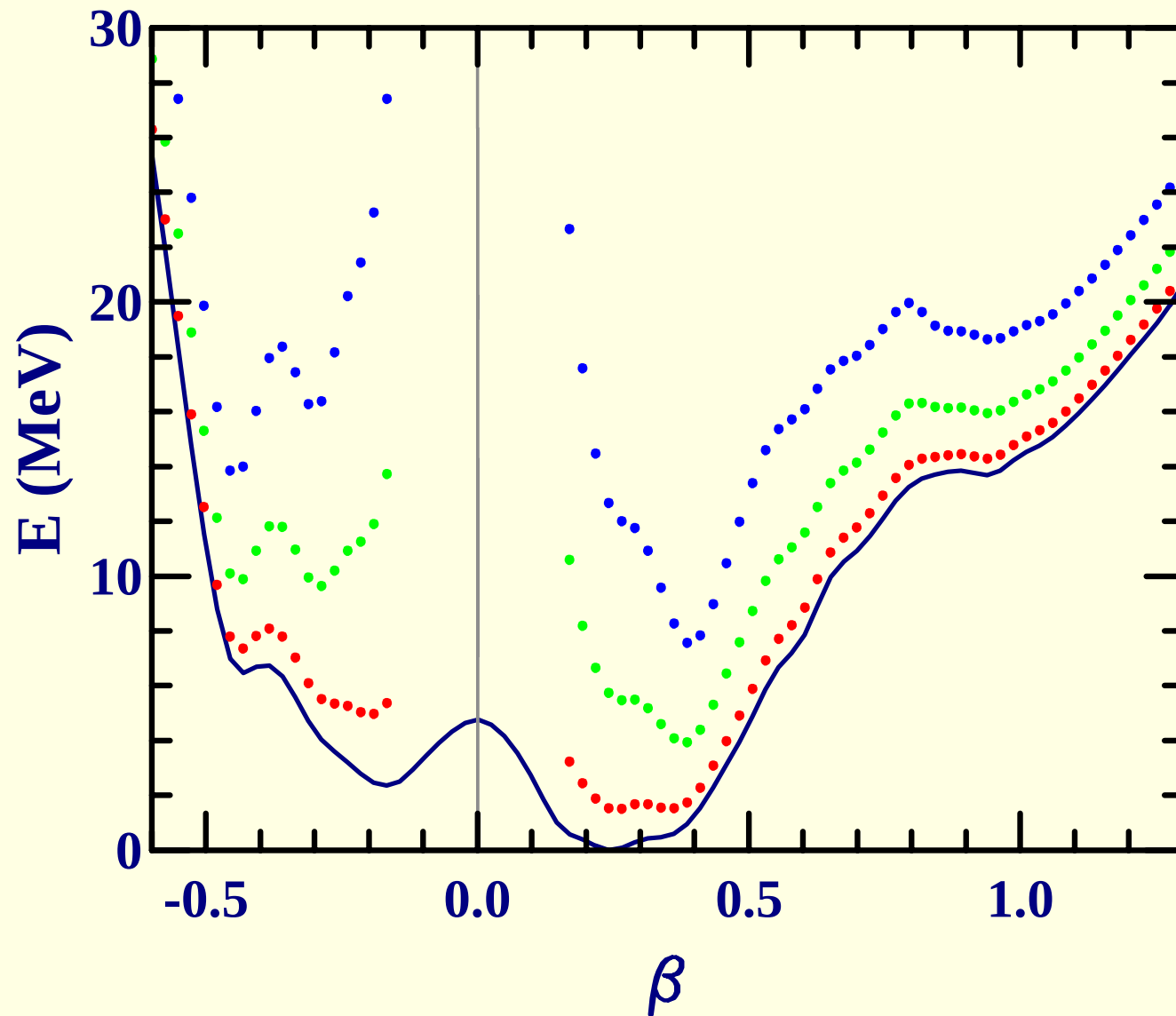


$^{149}_{60}\text{Nd}_{89}$ 

Binding energy

HFB=1224.220 MeV

Exp=1230.07 MeV