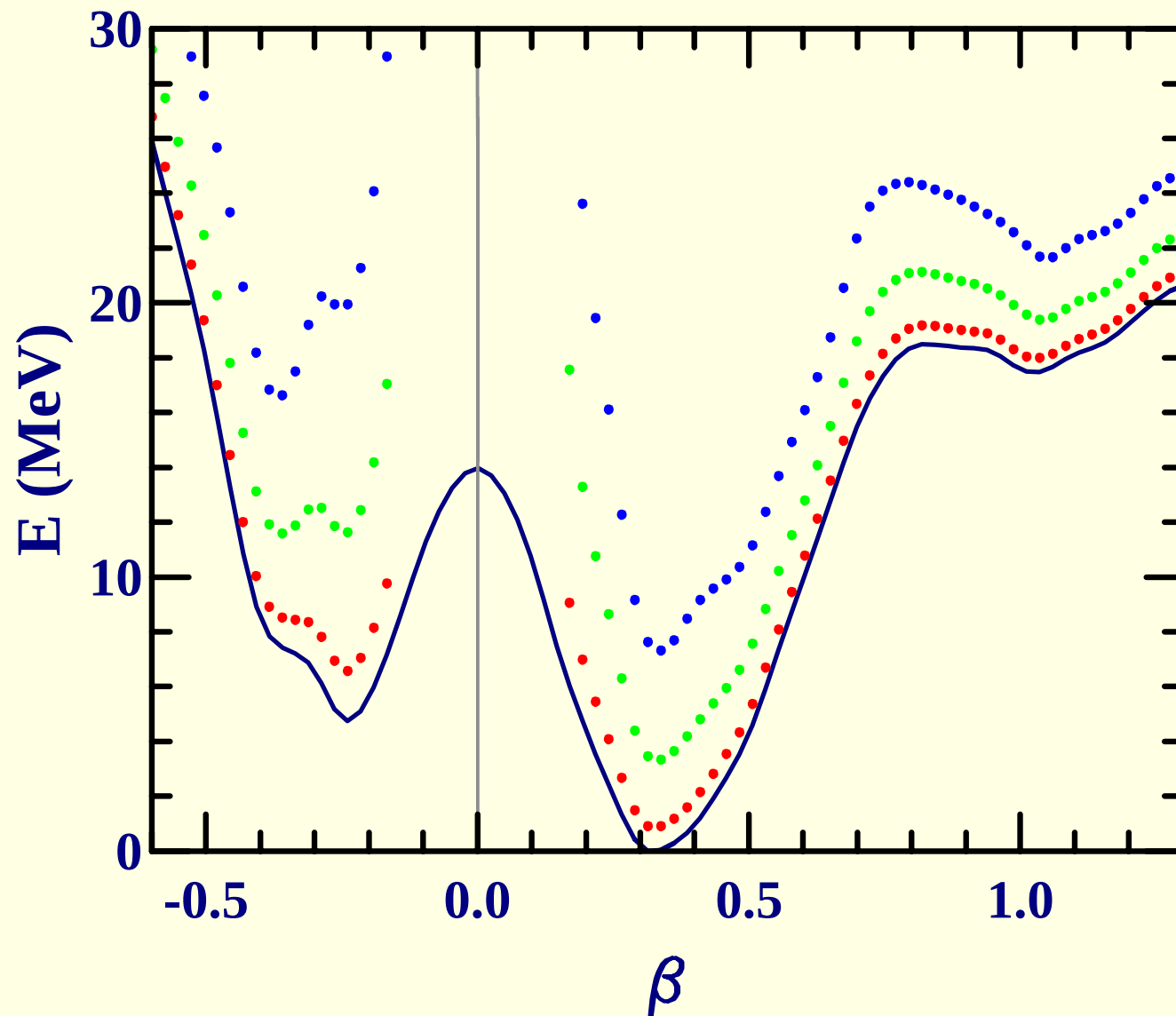


$^{156}_{57}\text{La}_{99}$ 

Energie de liaison

HFB=1237.920 MeV

Exp=?

