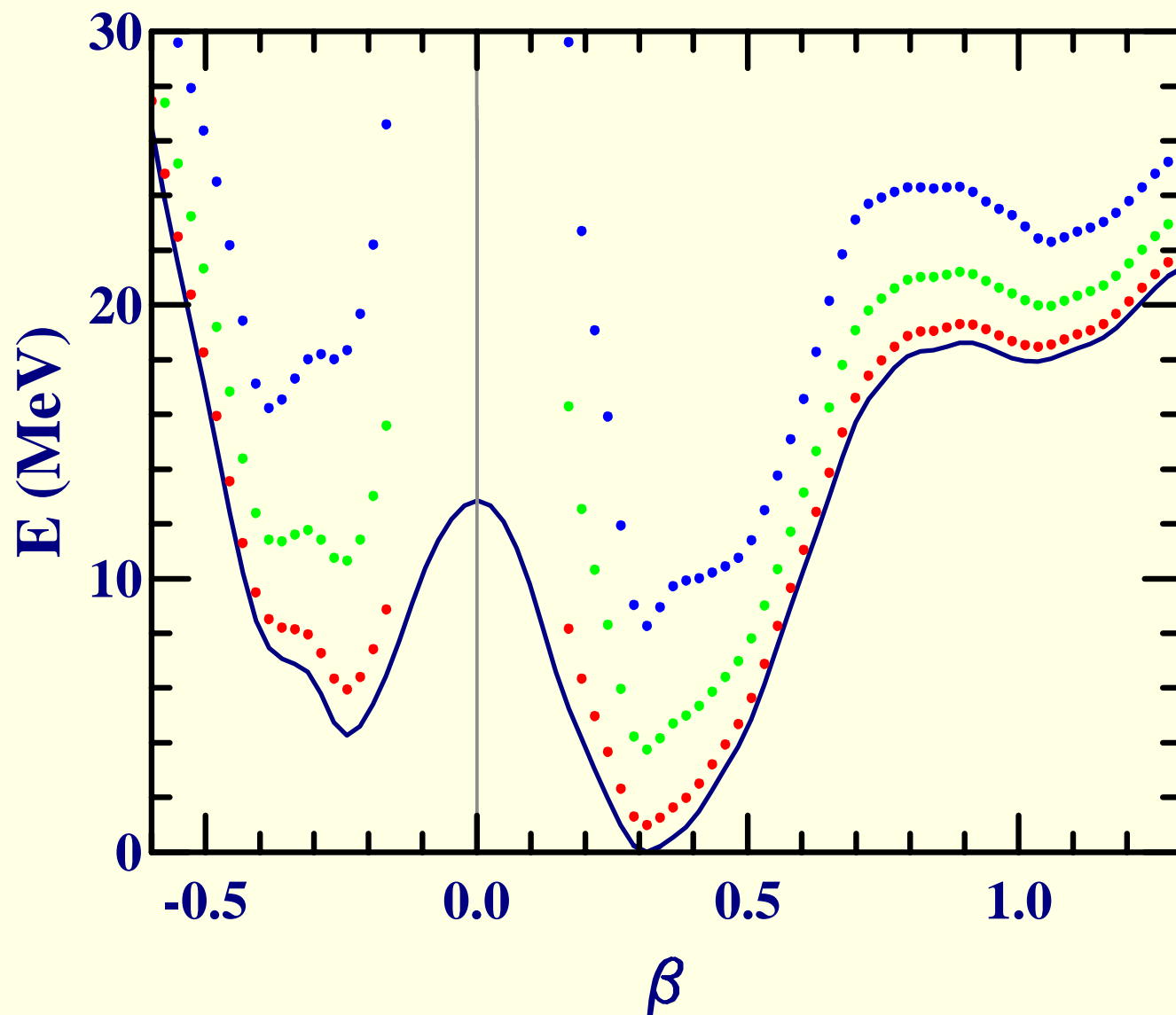


$^{154}_{57}\text{La}_{97}$



Energie de liaison

HFB=1231.030 MeV
Exp=1240.87 MeV(ext)

