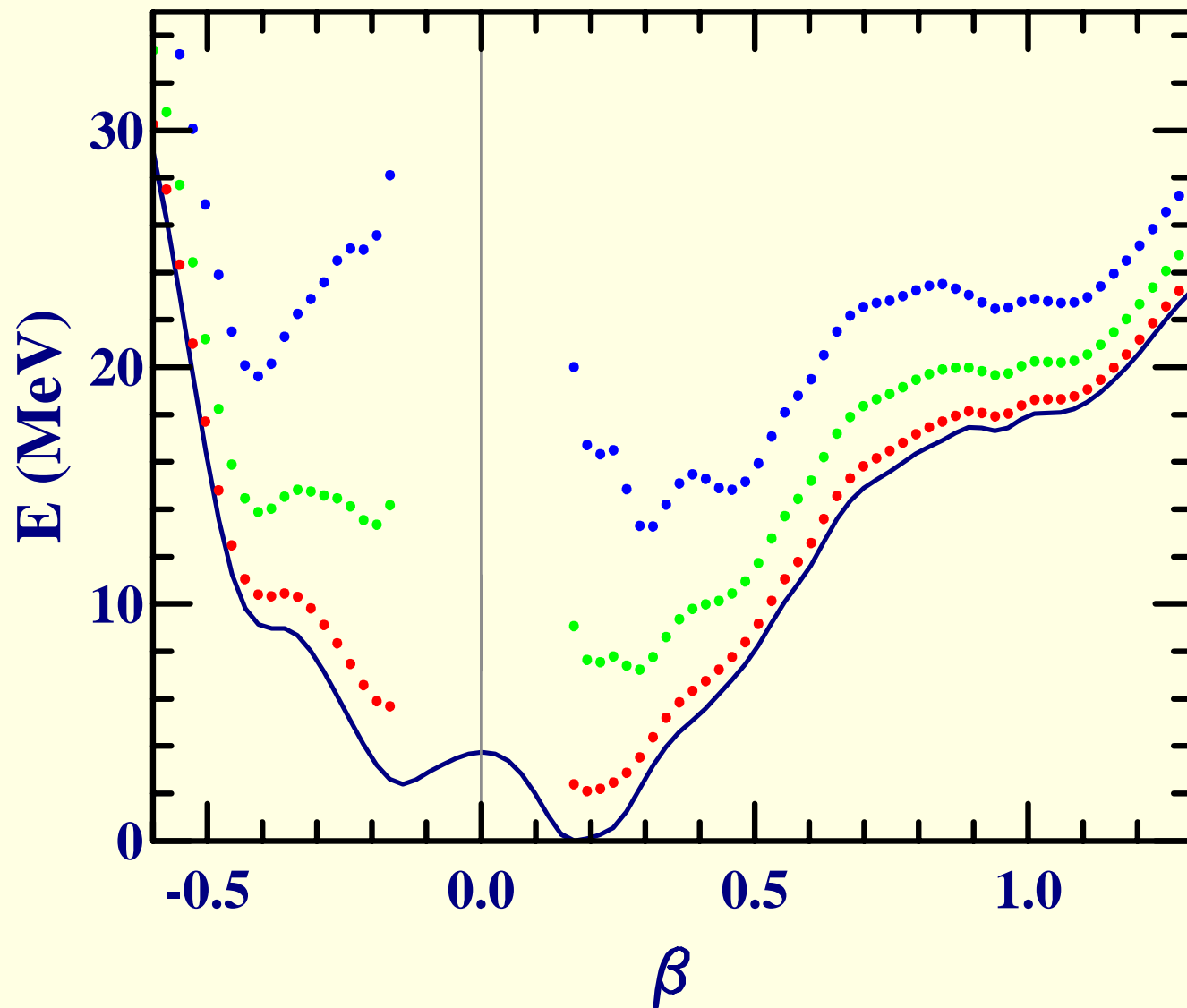


$^{145}_{57}\text{La}_{88}$



## Energie de liaison

HFB=1192.340 MeV

Exp=1198.74 MeV

