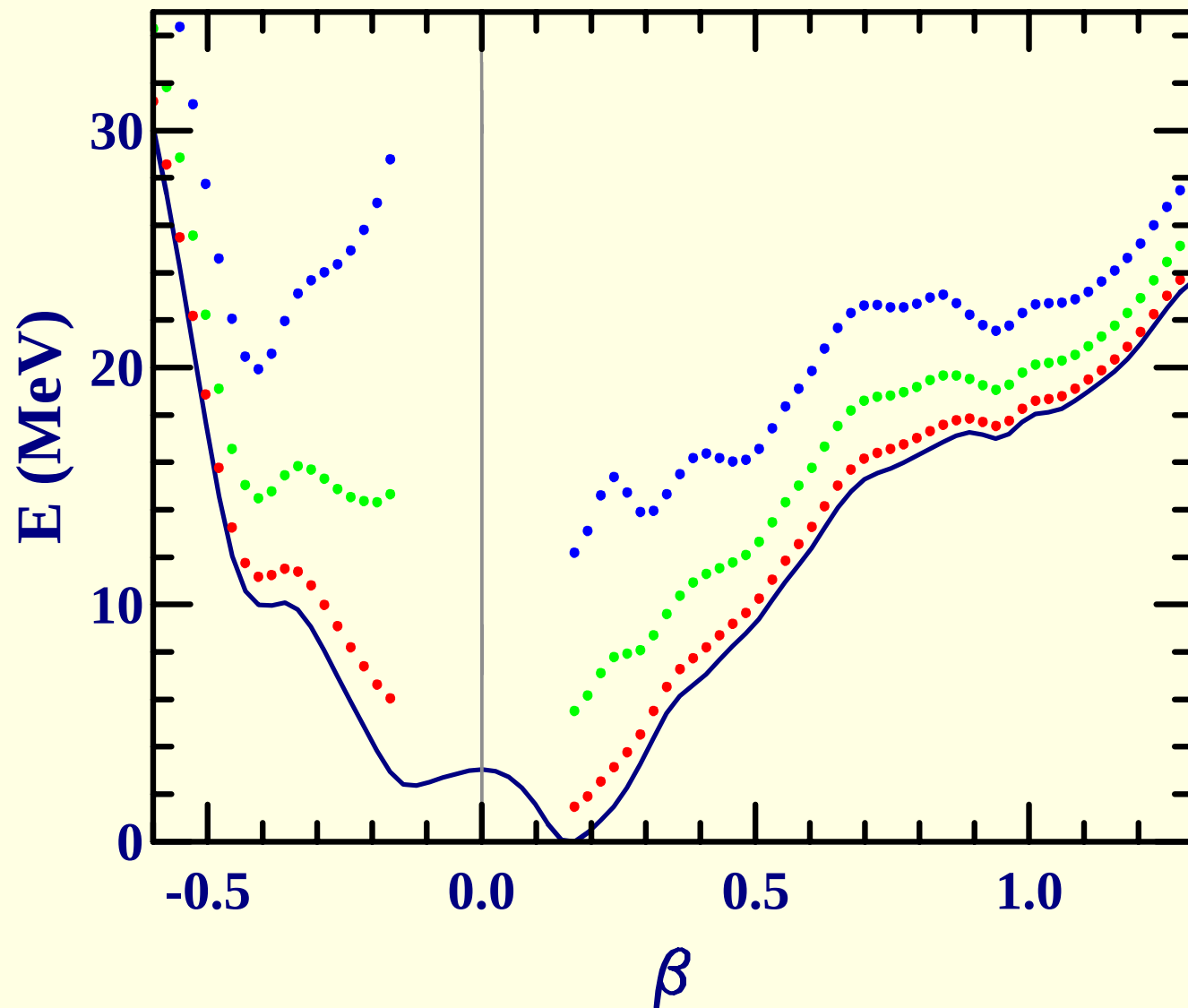


$^{144}_{57}\text{La}_{87}$ 

Energie de liaison

HFB=1187.050 MeV

Exp=1192.58 MeV

