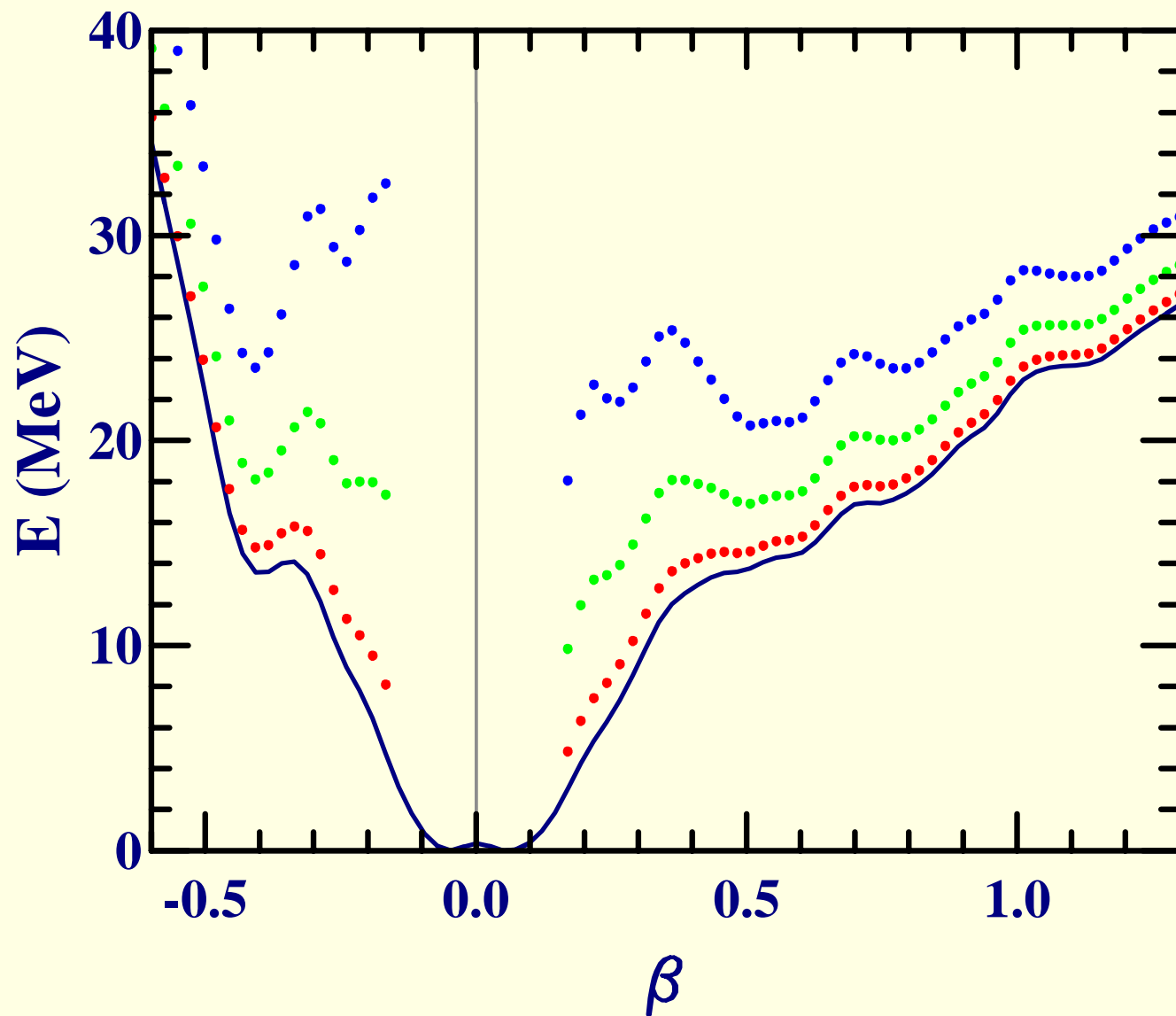


$^{140}_{57}\text{La}_{83}$



Binding energy

HFB=1167.320 MeV

Exp=1169.72 MeV

