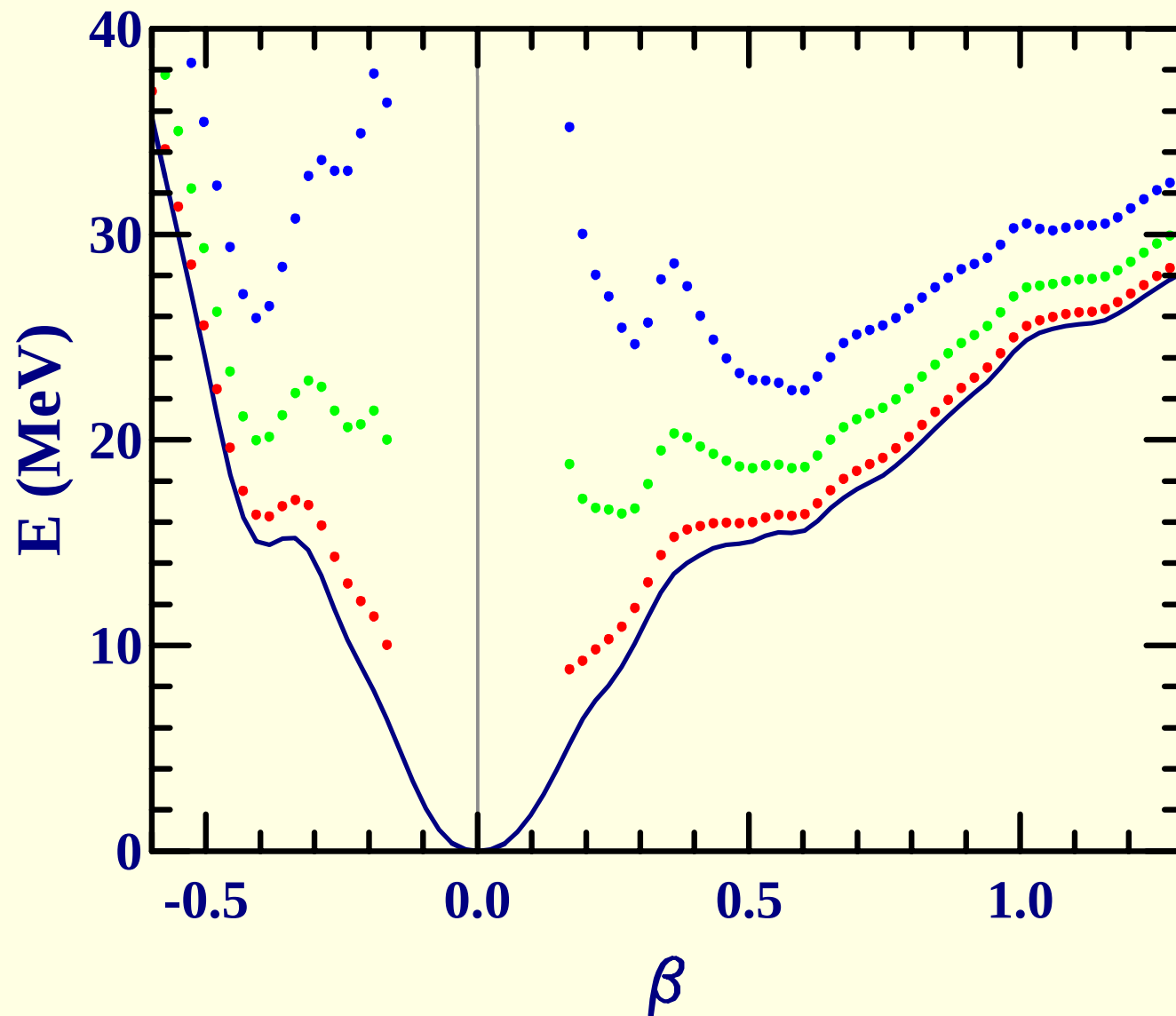


$^{139}_{57}\text{La}_{82}$



Binding energy

HFB=1163.220 MeV

Exp=1164.56 MeV

