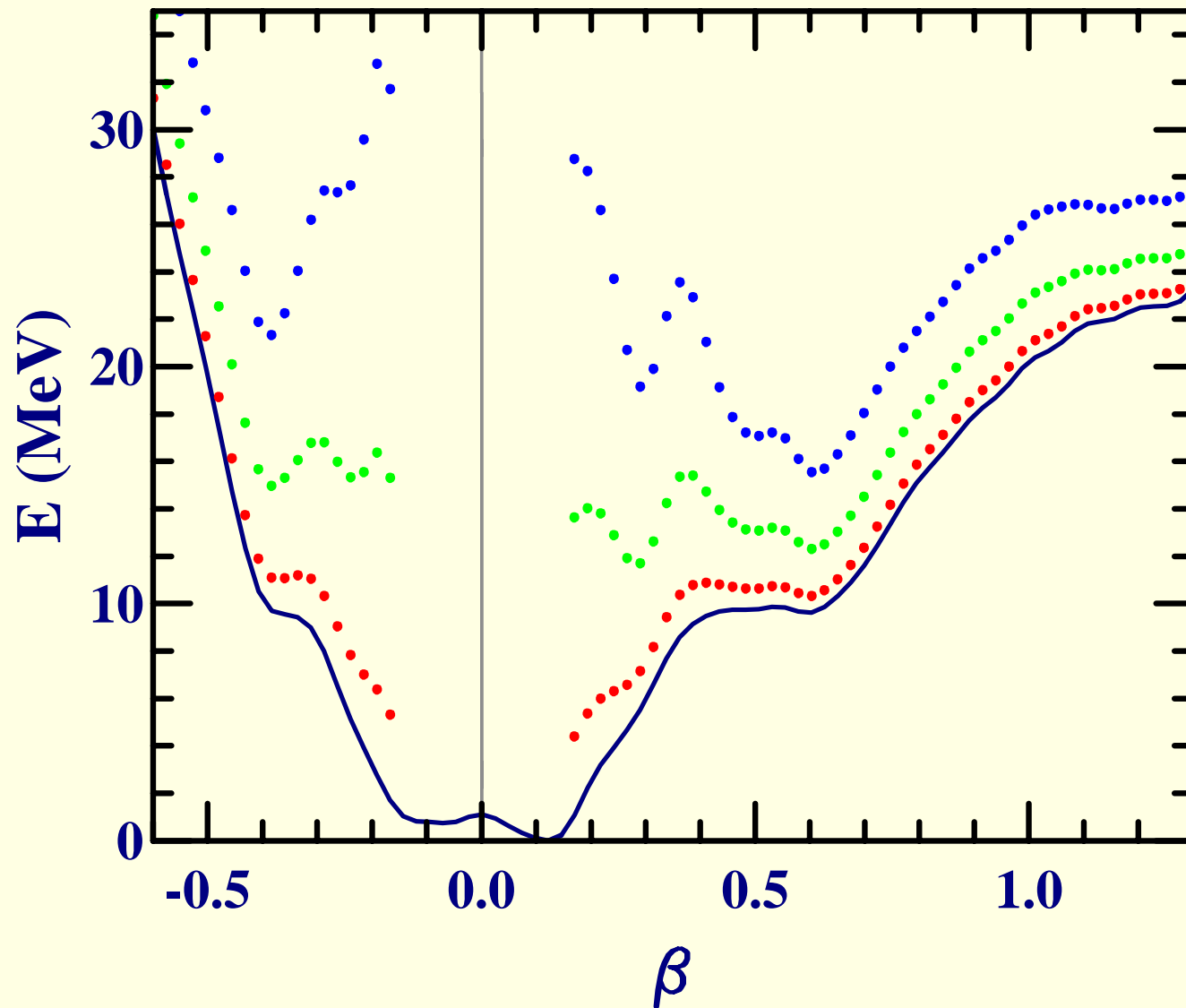




$^{136}_{57}\text{La}_{79}$



Binding energy

HFB=1136.270 MeV

Exp=1139.13 MeV

