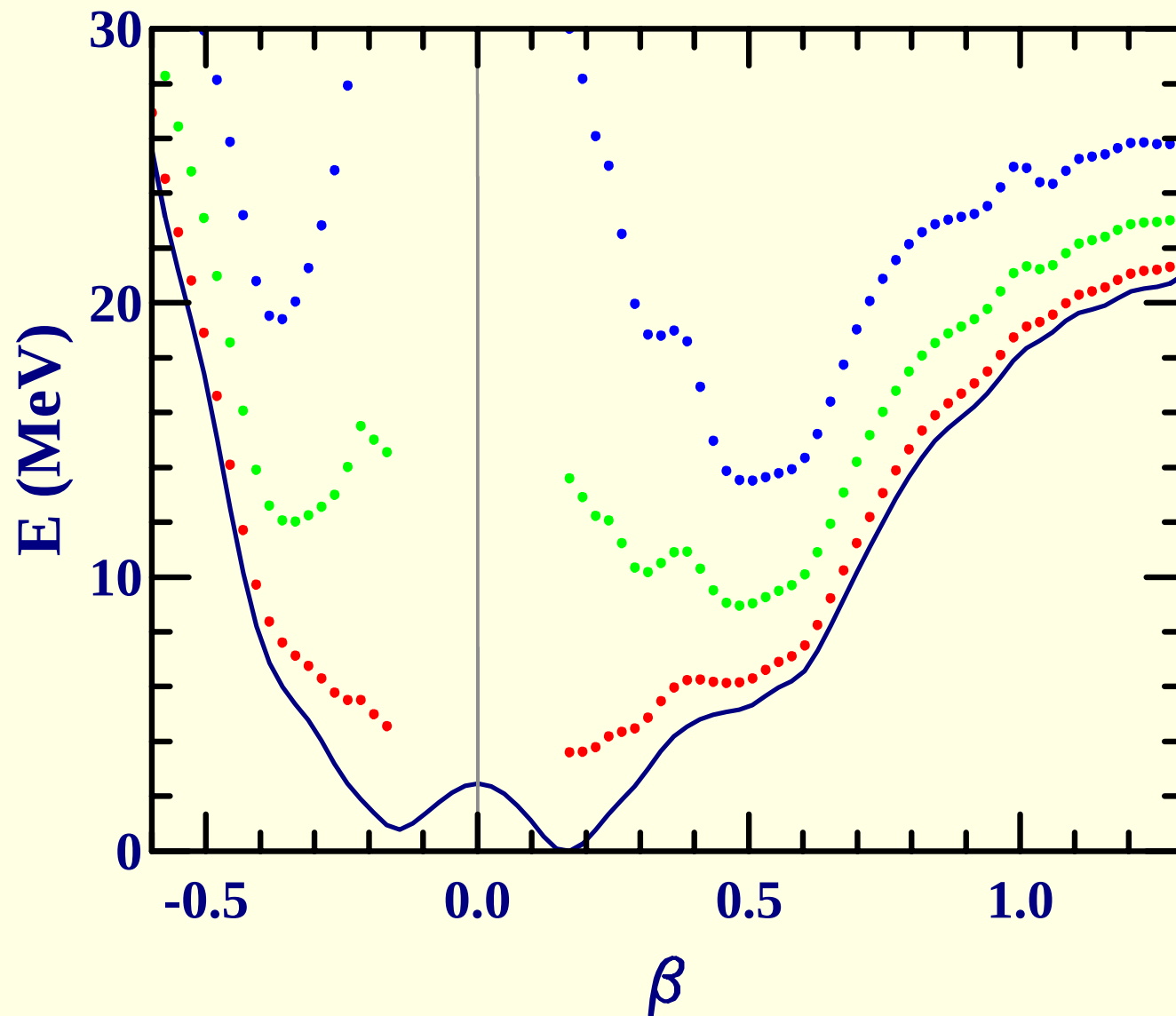


$^{133}_{57}\text{La}_{76}$ 

Energie de liaison

HFB=1110.980 MeV

Exp=1114.22 MeV

