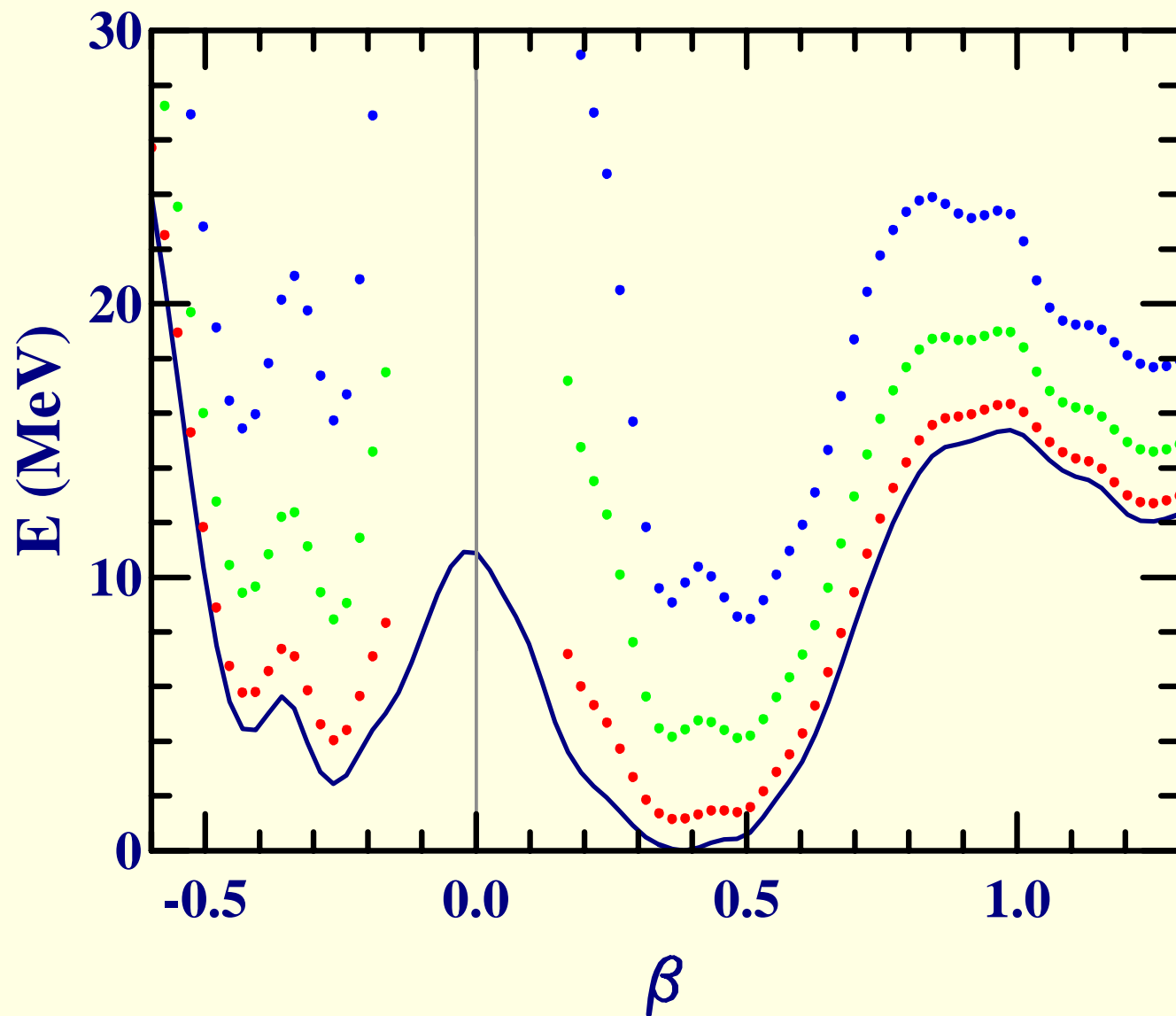


$^{116}_{57}\text{La}_{59}$



Binding energy

HFB=930.984 MeV

Exp=?

