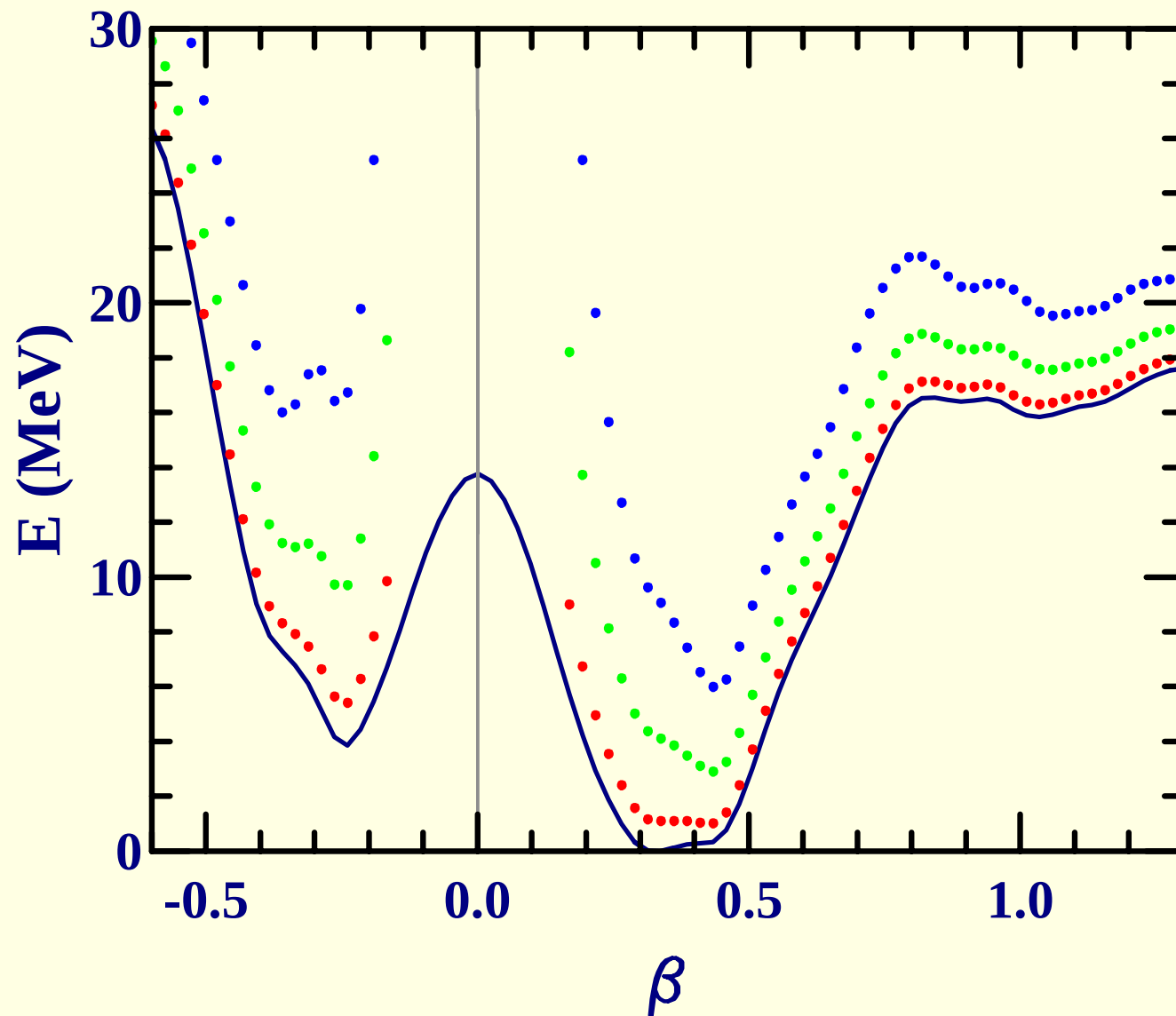


$^{162}_{57}\text{La}_{105}$ 

Energie de liaison

HFB=1254.220 MeV

Exp=?

