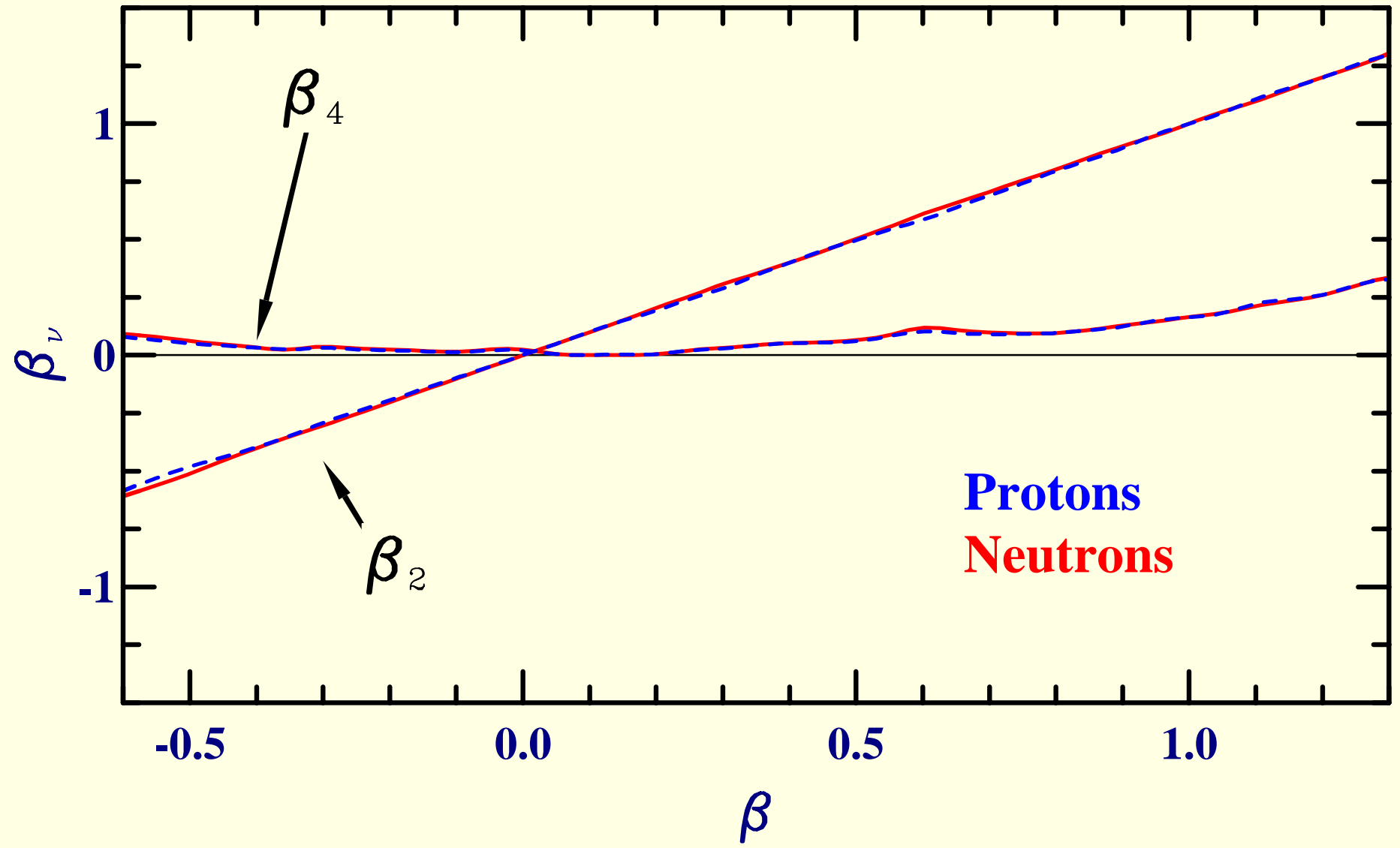


$^{154}_{57}\text{La}_{97}$



Protons
Neutrons